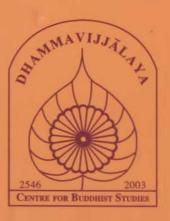
# **FUNDAMENTAL ABHIDHAMMA** PART II

Dr. Nandamālābhivamsa



Sagaing Hills, Myanmar

Sāsana: 2551

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Thera Buddhaghosa, a new commentator, advocates that Abhidhamma is the Buddha's teaching. It is described in his commentary on Dhammasangani, Atthasālini by name:

"His heart by that world-pitying love inspired, When, after the Twin Miracle, he dwelt. At the high mansion of the Thirty-three, Throned - like the sun on Mount Yugandhara On Pandukambula, his rocky seat, Under the tree called Paricchattaka, He by that noble insight gave discourse, On the Abhidhamma to the spirit who came, Led by his mother, from the myriad worlds, And compassed him about on every side."

(The Expositor, 2)

# Sabbadānam Dhammadānam Jināti (The Gift of Dhamma Excels All Gifts)

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attain Nibbāna.
Sadhu! Sadhu! Sadhu!

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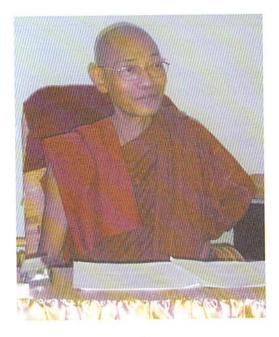
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#### Preface

This work entitled "Fundamental Abhidhamma" makes the *Abhidhamma* easy to be comprehended. It follows the style of the *Abhidhammatthasangaha* (Compendium of Abhidhamma), a work of Venerable Ācariya Anuruddha, who is believed to have lived around the eighth century A.D.

"Fundamental Abhidhamma" is not a translation of the *Abhidhammatthasangaha*. It tries to brief only important points of the *Abhidhamma*. Like "*Abhidhammatthasangaha*", this work comprises nine chapters. Some changes, however, have been made according to the order of the chapters.

The following is the brief outline of the chapters.

Chapter 1 elucidates the nature of *Paramattha* and *Paññatti* and analyses the consciousness.

Chapter 2 deals with the enumeration of mental states and its association with the consciousness.

Chapter 3 sheds light on the material qualities, their conditions, formations and the occurrence of the material groups.

Chapter 4 describes the classification of the consciousness in accordance with the feeling, the root, the function, the door, the object and the base.

Chapter 5 highlights the mental process classifying them as active and passive.

Chapter 6 clarifies *Kamma* and Rebirth in the thirty-one planes of existence.

Chapter 7 explicates the "Law of Causality" in two ways: 'Paticcasamuppāda' and 'Patthāna'.

Chapter 8 gives guidelines for the two types of meditation techniques: 'Samatha' and 'Vipassanā'.

Chapter 9 serves as the index of Buddhist technical terms and its categories in *Abhidhamma* and *Suttanta*.

In conclusion, it is the expectation of the compiler that this work will offer its learners the Fundamental knowledge which enables one to attain the analytical knowledge of mind and matter (Nāmarūpaparicchedañāṇa) and the knowledge of causality (Paccayapariggahañāṇa) which are essential for one to become a true Buddhist.

May the readers be able to savor the taste of Abhidhamma.

Dr. Nandamālābhivamsa (Aggamahāpaṇḍita, Aggamahāganthavācakapaṇḍita) Rector, International Theravāda Buddhist Missionary University, Yangon, Myanmar.



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#### **CHAPTER 5**

#### VITHI: MENTAL PROCESS

*Citta-vīthi*: *Vīthi* in *Pāļi* means process. There are 2 types of process: mental process (*citta-vīthi*) and material process (*rūpa-vīthi*). In the life of a being the two types of process mostly run side by side without interruption.

*Vīthi* and *vīthimutta*: There are 2 mental processes: *vīthi* and *vīthimutta*. *Vīthi* process runs with one of 6 present objects coming into contact with one of the six mental bases.

But *vīthimutta* process runs with one of these 3 objects - *kamma* (motivation that causes action), *kamma-nimitta* (the conditions of *kamma*) and *gati-nimitta* (the sign of destination) - which are manifested just before death in the previous life. That process is free from the present activities, so it is called *vīthi-mutta* (process-free).

80 *Vīthi-citta*: In a *vīthi* process there are 80 c*itta*s that run with a present object. They are called *vīthicitta*. The *vīthicitta*s are enumerated into 80.

According to the order in process, they are mentioned as follows:

1. Āvajjana	Attention	2
2. <i>Viññāṇa citta</i> s	Awareness	10
3. Sampațicchana	Receiving	2
4. Santīraņa	Investigating	3
5. Javana	Dynamic	55
6. <i>Tadārammaņa</i>	Retentive	8
	Total	80

19 Vīthi-mutta-cittas: In a vīthimutta process there are 19 cittas running. The 19 cittas, however, do not run with a present object. They run with an object obtained by javanas in the death process in the previous life as mentioned above. So they are called vīthimutta citta.

# They are enumerated into 19:

<i>Upekkhā santīraṇas</i> (which perform the function of relinking, etc.)	2
2. <i>Mahāvipāka</i> s (which perform the function of relinking, etc.)	8
3. Rūpāvacara vipākas	5
4. Arūpāvavara vipākas	4
Total <i>citta</i>	19

## Categories

When a *citta-vīthi* arises, it depends on one of the 6 bases; it runs with one of the 6 objects which comes into contact with one of the 6 doors. Therefore, these categories - the 6 bases, the 6 objects, the 6 doors and the 6 *viññāna* - must be noted here:

6 <i>Viññāṇa</i>	6 Bases	6 Doors	6 Objects
Eye-consciousness	Eye-base	Eye-door	Form
Ear- "	Ear-base	Ear-door	Sound
Nose- "	Nose-base	Nose-door	Smell
Tongue- "	Tongue-base	Tongue-door	Taste
Body- "	Body-base	Body-door	Tangibility
Mind- "	Heart-base	Mind-door	Dhamma

6 *Citta-vīthi*: The c*itta-vīthi*, mental process, is sixfold dealing with doors and *viññāṇa*s respectively.

They are as follows:

6 as Doors	6 as <i>Viññāṇa</i> s		
Cakkhu-dvāra-vīthi	Cakkhu-viññāṇa-vīthi		
Sota-dvāra-vīthi	Sota-viññāṇa-vīthi		
Ghāna-dvāra-vīthi	Ghāna-viññāṇa-vīthi		
Jīvha-dvāra-vīthi	Jīvha-viññāṇa-vīthi		
Kāya-dvāra-vīthi	Kāya-viññāṇa-vīthi		
Mano-dvāra-vīthi	Mano-viññāṇa-vīthi		

**6 Visayappavatti:** Visaya here means object; pavatti means appearance or presentation; so the ways of appearance or the presentation of the six objects are called visayappavatti.

The *visayappavatti* are sixfold: four concerning the 5 sense doors, and two concerning the mind-door.

6 Objects	in 5 sense doors	in Mind-door	
Form	4.: 1		
Sound	Atimahanta	T 1	
Smell	Mahanta	Vibhūta	
Tacto	Paritta	Avibhūta	
Tangibility	— Atiparitta	AVIDIIUIA	
Dhamma			

Atimahanta = very great (in mental impact),

Mahanta = great (in mental impact),

Paritta = small (in mental impact),

Atiparitta = very small (in mental impact)

Atimahanta is an object that runs with the most mental moments. Mahanta is an object that runs with many mental moments. Paritta is an object that runs with few mental

moments. Atiparitta is an object that runs only with bhavanga mental moments.

Then, *vibhūta* means clear and *avibhūta* means not clear. They are the objects that run with more or less mental moments respectively.

But the appearance of the object of *vīthimutta citta*s is threefold:

1. kamma,	
2. <i>kamma-nimitta,</i> and	
3. gati-nimitta.	

Cittakkhaṇa: Cittakkhaṇa means mental moment. A mental moment comprises three sub-moments: arising (uppāda), stopping (thiti), and falling (bhaṅga). The three sub-moments form a life-span of one mind. But the 17 mental moments that are comprised of 51 sub-moments are a life-span of 22 material qualities except the 2 viññattis and the 4 lakkhaṇas.

Therein the 2 *viññatti'*s life-span is equal to that of the mind, *jāti* has only arising moment, *aniccatā* has only falling moment (they are shorter than a life-span of mind), and *jaratā* has 49 submoments.

Manifestation: Each of these 5 objects - form, sound, smell, taste, and tangibility - come into manifestation at one of the 5 doors respectively, only at the moment of existence (*thiti-khaṇa*). The manifestation of an object at a door is possible when the five objects have passed over at least one mental moment or several mental moments.

75 *vīthis* in 5-door: In the 5 doors, 75 types of mental processes are possible to run with the manifesting objects:

# The mental process in:

1.	eye-door	15
2.	ear-door	15
3.	nose-door	15
4.	tongue-door	15
5.	body-door	_ 15
	Total	75

Mental process in	Objects			
	Very great	Great	Small	Very small
eye-door	1	2	6	6
ear-door	1	2	6	6
nose-door	1	2	6	6
tongue-door	1	2	6	6
body-door	1	2	6	6

# Mental Process in Eye-door (*Cakkhudvāra-vīthi*)

A mental process in eye-door runs as follows: A person opens his eye. Then a very great visible object comes into manifestation in the sensitive eye after having passed one mental moment. The mental-moment is a *bhavanga* moment and that *bhavanga* is called a past-*bhavanga* (*atīta-bhavanga*). The *bhavanga* citta cannot be aware of a present object. Its object is the object of a mental process at the time of death in the previous life.

The visible object comes into contact not only with the eyedoor, but with the mind-door also. Here *bhavanga* that precedes *āvajjana*, or all *bhavanga* are said to be mind-door. The appearance of the visible object at the mind-door makes the *bhavanga citta* (itself mind-door) vibrate and then it ceases.

There are two *bhavanga cittas*: the vibrating (*bhavanga-calana*) and the ceasing (*bhavanga-upaccheda*).

- (1) Then the attending consciousness in five-door (*pañca-dvārā-vajjana*) arises paying attention to the present visible object and then it ceases. Thereafter the following *citta*s arise with that object and cease, successively.
- (2) Eye-consciousness (cakkhuviññāṇa) sees that object.
- (3) Receiving-consciousness (sampaticchana) receives that object.
- (4) Investigating-consciousness (sanțīraṇa) enquires that object.
- (5) Determining-consciousness (*voṭṭhapana*) determines that object.
- (6) Then dynamic consciousness (*javana*), one of the 29 *Javana citta*s of the *kāma* plane, runs mostly for 7 times experiencing that object and then it ceases.
- (7) Retentive consciousness (tadārammaṇa), one of the 11 types of resultant consciousness, following the javana citta, arises twice succeeding the javana's object and then it ceases.

These 7 *vīthi-citta*s run with the present visible object that comes into manifestation. After that, the object disappears and the *bhavanga citta* enters again with its own object.

Duration of object: The visible object that reflects on the sensitive eye starts with the past *bhavanga* moment and ends in the second retentive consciousness (*tadārammaṇa*) moment. The life-span of the visible object is as long as the life-span of 17 mental moments.

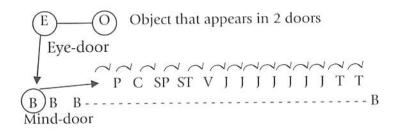
# Mental Process with Very Great Object

In eye-door there are 17 mental moments that deal with a very great object:

Seq.	Abbr.	Description
1.	B.	Bhavariga that has passed
2.	В.	Bhavanga that vibrates
3.	В.	Bhavanga that ceases
4.	P.	Pañcadvārāvajjana, attending consciousness, that attends to the present object coming into contact
5.	C.	Cakkhuviññāṇa, eye-consciousness, that sees the present visible object
6.	S.P.	Sampațicchana, receiving consciousness, that receives the present object
7.	S.T.	Santīraṇa, investigating consciousness, that enquires the present object
8.	V.	Votthapana, determining consciousness, that determines the present object
915.	J.	Javana, dynamic consciousness, that experiences the present object
1617.	Т	<i>Tadārammaṇa</i> , retentive consciousness, that succeeds the object of <i>javana</i>

#### In other doors:

In other doors, ear-door, etc. there arise the other relevant *viññāṇa*s instead of *cakkhuviññāṇa*, according to the door and the object. The other 16 *citta* arise like in the mind door. They run with one of the 5 objects that come into contact with the respective doors.



To have further information about the object, other mental processes run with that object as memorized in mind-door. Among the 3 mental processes in mind-door, the first is aware of the past object. The second catches the name or the word and the third knows the meaning.

These are the minimum 3 mental processes in mind-door which run with the object:

- (1) B B M  $J^1$   $J^2$   $J^3$   $J^4$   $J^5$   $J^6$   $J^7$  T T
- (2) B B M  $J^1$   $J^2$   $J^3$   $J^4$   $J^5$   $J^6$   $J^7$  T T
- (3) B B M  $J^1$   $J^2$   $J^3$   $J^4$   $J^5$   $J^6$   $J^7$  T T

#### Note:

No. 1 just follows the object as memorized.

No. 2 names the object.

No. 3 catches the meaning of the object.

# Mental process with Great Object

Regarding the great object, 2 types of mental process are possible to run with the great object. There are 2 or 3 *bhavaṅga*s that passed and there do not arise *tadārammaṇa*. The mental process running with a great object ends in *javana*.

# Mental process with Small Object

Regarding the small object, 6 types of mental process are possible to run with the small object. There passed from 4 to 9 *bhavanga*s. The mental process that runs with a small object ends in *voṭṭhapana*.

# Mental process with Very Small Object

Regarding the very small object, there arise just *bhavaṅga*. The very small object makes *bhavaṅga* vibrate, but not cease. There do not arise any active minds (*vīthi-citta*s).

# 15 Mental Process in Eye-door

			Vīth	i-cittas   Bhavaṅga	
object	arising moment of object	manifestation moment	B. ceased	Vīthi-cittas	marks
Very Great	В	В	В	$P \cdot C \cdot Sp \cdot St \cdot V \cdot J \cdot T \cdot T$	Tadāra- mmaņa
Great	B.2 B.3	B B	B B	$\begin{array}{c} P \cdot C \cdot Sp \cdot St \cdot V \cdot J \cdot B \\ P \cdot C \cdot Sp \cdot St \cdot V \cdot J \end{array}$	Javana
Small	B.4 B.5 B.6 B.7 B.8 B.9	B B B B	B B B B	P·C·Sp·St·V·V·V·(B·B·B·B) P·C·Sp·St·V·V·V·(B·B·B) P·C·Sp·St·V·V·V·(B·B) P·C·Sp·St·V·V·V·(B) P·C·Sp·St·V·V·V P·C·Sp·St·V·V·V	Voṭṭha- ppana
Very Small	B.10 B.11 B.12 B.13 B.14 B.15	B.2 B.2 B.2 B.2 B.2 B.2		B · B · B · B · B B · B · B · B B · B ·	Mogha (empty)

Classification: There are 15 types of mental process in the eye-door. In this mental process there occur *bhavanga citta*s and *vīthicitta*s. Regarding *vīthicitta*s the classification runs as follows:

- 1. The number of vīthicittas,
- 2. Their arising times,
- 3. The total number of them.

object	number of vīthicitta	arising time	total number of vīthicitta
Very Great	7	14	46
Great	6	12	38
Small	5	7	9
Very Small	nil	nil	nil

#### Mental Process in Mind-door

A mental process in mind-door runs with six objects that are either present or past or future or timeless object. The object that comes into contact with the mind-door is divided into two:

- 1. Clear appearance (vibhūta)
- 2. Not clear appearance (avibhūta)

Regarding the javana there are 2 sections:

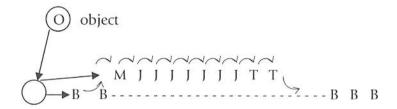
- 1. Kāma javana section
- 2. Appanā javana section

In the section of *kāma javana*, the presentation of the object is in two ways: clear and not clear. But in the section of *appanā javana*, the clear appearance alone is possible.

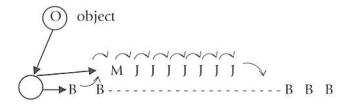
#### Kāma Javana Section

In the  $k\bar{a}ma$  javana section, a mental process in mind-door runs with the clear appearance object ( $vibh\bar{u}ta$ ) as follows:

When the *vibhūta* object comes into contact with the mind-door, the running *bhavaṅga citta* vibrates and then it ceases. After that the attending consciousness in mind-door (*manodvārāvajjana*) arises, paying attention to the object. Then the *javana* citta arises 7 times, experiencing the object. Following the *javana*, the *retentive consciousness* arises twice, succeeding the object of *javana*. Then the *bhavaṅga* runs again.



If a mental process runs in mind door with a *not-clear-appearance object* (*avibhūta*), the mental process ends in *javana*. The retentive consciousness does not arise. In the end of the seventh *javana*, the *bhavanga* runs again.



object	number of vīthicitta	arising time	total number of <i>vīthicitta</i>
Vibhūta	3	10	41
Avibhūta	2	8	30

# Appanā Javana Section

In *appanā javana* section a mental process in mind-door runs with only *clear appearance* objects (*vibhūta*). There arise two types of *javana*:

- 1. Kāma javana
- 2. Appanā javana

Kāma-jāvana: Here kāma-javana precedes appanā-javana. Therefore, the kāma-javana is only one of the eight kāma-javanas with knowledge: Mahākusala with ñāṇa 4, mahākriya with ñāṇa 4. One of these eight kāma-javanas that precedes an appanā-javana arises three or four times with different names. If it arises three times, they are named in due order as: upacāra, anuloma and gotrabhū. If it arises four times they are named in due order as:

1. Parikamma	Preparation
2. <i>Upacāra</i>	Access
3. Anuloma	Conformity
4. Gotrabhū	New lineage

*Appanā-javana*: There are 26 *appanā-javana*s that follow the preceding *kāma-javana*s:

1. Rūpāvacara kusala	5
2. Rūpāvacara kriya	5
3. Arūpāvacara kusala	4
4. Arūpāvacara kriya	4
5. Lokuttara	8
All together	26

One of the 26 *appanā-javana*s that is preceded by a *kāma-javana* occurs at the fourth or the fifth moment after the preceding *kāma-javana* has ceased.

Person and his objective: If a person is quick in understanding ( $khipp\bar{a}bhi\tilde{n}\tilde{n}a$ ), the preceding  $k\bar{a}ma-javana$  arises within him three times. But if a person is slow in understanding ( $dandh\bar{a}bhi\tilde{n}\tilde{n}a$ ), it arises four times.

According to the person's objective, appanā-javana occurs. If he intends to attain *jhāna*, a *jhāna appanā-javana* occurs. If he intends to attain *magga* and *phala*, there occurs a *magga* or a *phala* accordingly.

Person	Moment of Kāma-javana	Appanā
Slow	4	5 <sup>th</sup>
Quick	3	4 <sup>th</sup>

The initi	al At	ain	me	nt o	f <i>Jhä</i>	īna:			
Slow	В	В	М	$P^1$	$U^2$	$A^3$	$G^4$	Jh <sup>5</sup>	В
Quick	В	В	M		$U^1$	$A^2$	$G^3$	Jh <sup>4</sup>	В

The initi	al Att	tain	mei	nt o	f M	agga	<i>a</i> :				
Slow	В	В	М	$P^1$	$U^2$	$A^3$	$G^4$	$M^5$	Ph <sup>6</sup>	Ph <sup>7</sup>	В
Quick	В	В	M	$U^1$	$A^2$	$G^3$	$M^4$	Ph <sup>5</sup>	Ph <sup>6</sup>	Ph <sup>7</sup>	В

# Preceding and Following Javanas

Regarding  $k\bar{a}ma$ -javana and appanā-javana, the procedure is according to feeling ( $vedan\bar{a}$ ) and type ( $j\bar{a}ti$ ):

- 1. According to feeling (*vedanā*), if a preceding *kāma-javana* is with pleasure, the following *appanā-javana* must be with pleasure; if with neutral feeling, the following *appanā-javana* must be with neutral feeling.
- 2. According to type (*jāti*), if a preceding *kāma-javana* is a *kusala*, the following *appanā-javana* must be *kusala* and the three lower *phala cittas*; if a preceding *kāma-javana* is a *kriya*, the following *appanā-javana* must be *kriya* and the *arahatta phala citta*.

Table of preceding and following Javanas

Person	Preceding		Following		
	2 <i>Mahākusala</i>		<i>Rūpa-kusala</i> with pleasure	4	
	with knowledge	(32)	Magga with pleasure	16	
	and pleasure		Lower <i>Phala</i> with pleasure	12	
Puthujjana Sekkha	2 Mahākusala		<i>Rūpa</i> (5 <sup>th</sup> <i>Jhāna</i> )- <i>Arūpa-kusala</i> with neutral feeling	5	
	with knowledge and neutral	(12)	<i>Magga</i> with neutral feeling	4	
	feeling		Lower <i>Phala</i> with neutral feeling	3	
	2 Mahākriya	(0)	<i>Rūpa-kriya</i> with pleasure	4	
Asekkha	with knowledge and pleasure	(8)	<i>Arahatta-phala</i> with pleasure	4	
	2 <i>Mahākriya</i> with knowledge	(6)	<i>Rūpa</i> (5 <sup>th</sup> <i>Jhāna</i> )- <i>Arūpa-kriya</i> with neutral feeling	5	
	and neutral feeling	(0)	Arahatta-phala with neutral feeling	1	

# Analysis of Mind in Process

**Defining**: In a mental process the running *citta*s are defined according to their object and the preceding *javana*s. They are as follows:

According to object: In a mental process the *vipāka citta*s – 5 *viññāṇa, sampaṭicchana, santīraṇa* and *tadārammaṇa* - must be an unwholesome result, if they run with an undesirable object.

If they run with a desirable object, they must be the result of a wholesome state.

However, if the object is very much desirable, the *santīraṇa* and *tadārammaṇa* must be only with pleasant feeling.

According to Javana: In a mental process -

- (1) If the preceding *javana* is one of the *mahā-kriya* with pleasant feeling, the following *tadārammaṇa* must be with pleasant feeling;
- (2) If with neutral feeling, the following *tadārammaṇa* must be with neutral feeling;
- (3) If the preceding *javana* is one of the 2 *dosamūla*, the following *tadārammaṇa* must be only with neutral feeling;
- (4) If the preceding *javana* is one of the other 18 *kāma-javana*s (8 *lobhamūla*, 2 *mohamūla*, 8 *mahā-kusala*) all kinds of *tadārammaṇa* are possible.

# 3 Conditions of Tadārammaņa

In a mental process, there arises *tadārammaṇa* immediately after *javana*, if the object is very great in 5-doors or clear in minddoor. However, there are 3 conditions for *tadārammaṇa*:

- 1. The preceding javana must be a kāma javana,
- 2. The object must be a kāma object,
- 3. It must be within kāma beings.

# Problem of Tadārammaņa

Suppose, there is a person whose *paṭisandhi* is with pleasant feeling. Within him, sometimes, one of the *dosamūla javana*s arises. Immediately after the *dosamūla javana*, the appearance of *bhavanga* with pleasant feeling is impossible. That person has *paṭisandhi* with pleasant feeling, therefore the appearance of *bhavanga* with neutral feeling is impossible. To solve the natural problem, there occurs the *santīraṇa* with neutral feeling depending on any experienced *kāma* object. Then *bhavanga* runs.

# Table of Javana and Tadārammaņa

	Preceding Javana		Tadārammaņa
5	Kāma-kriya with pleasant feeling	5	<i>Tadārammaṇa</i> with pleasant feeling
6	4 <i>Kāma-kriya</i> with pleasant feeling 2 <i>Dosamūla</i>	6	<i>Tadārammaṇa</i> with neutral feeling
18	8 <i>Mahākusala</i> 8 <i>Lobhamūla</i> 2 <i>Mohamūla</i>	11	Tadārammaņa

## Analysis of Javana

Javana citta are 55. They are energetic or dynamic mind. When they run in a mental process, they experience the object. Regarding the object, the final decision is the work of *javana*. The *javana* occurs once or several times according to their nature and condition.

#### 1. Javana with one moment:

- (A) 9 mahaggata (jhāna) javanas, that are the first time.
- (B) 2 abhiññā javanas at any time.
- (C) 4 magga javanas occur for only one mental moment. They never repeat.
- (D) The 2 fruition (phala) javanas anāgāmi and arahatta, occur once when they arise after withdrawing from nirodha samāpatti.

#### 2. Javana with two or three moments:

- (A) The 2 nevasaññānāsaññāyatana javanas that precede the attainment of the nirodha-samapatti.
- (B) The fruition *javana*s preceded by *magga javana*s arise 2 or 3 times.

#### 3. Javana with four or five moments:

# The 4 paccavekkhaṇa javanas, that are the 4 mahākriya javanas with knowledge within the Buddha, arise for 4 or 5 moments when he creates a supernormal power of issuing the pair of water and fire.

#### 4. Javana with five moments:

# The *kāma javana*s at the dying moment etc., due to weakness of the heart base, arise five times.

#### 5. Javana with six or seven moments:

# The *kāma javana*s in a *kāma* mental process arise usually for 6 or 7 moments.

#### 6. Javana with unlimited moment:

# In the process of *jhāna* and *phala* attainment, the *javana*s of *jhāna* or *phala* run without limitation. As long as the attainment remains, these *javana*s run like the current of *bhavanga citta*.

#### Division of Vīthicitta

80 *vīthicitta*s are divided according to (A) plane and (B) individual.

- **(A)** Plane: Regarding the classification of *vīthicitta*s the 4 plane-groups should be known:
  - (1) Kāmāvacara
  - (2) Rūpāvacara
  - (3) Arūpāvacara
  - (4) Asaññasatta

Table of Vīthicitta and plane

Plane	Vīthicitta					
Plane	Possible	Impossible				
Kāma	80	Nil				
Rūpa	64	16				
Arūpa	42	38				
Asaññasatta	nil	Nil				

In the kāmāvacara planes, all 80 vīthicittas are possible.

In the *rūpāvacara* planes, 64 *vīthicitta*s are possible while 16 *vīthicitta*s - 2 *dosamūla*, 6 *viññāāṇa citta*s (nose, tongue, body) and 8 *mahāvipāka citta*s - are impossible.

In arūpāvacara planes, 42 vīthicittas are possible. They are:

8
2
1
8
8
8
7
42

In *asaññasatta* plane no *citta*s arise. Therefore, in that plane every kind of *vīthicitta*s is impossible.

(B) Individual: There are 12 types of individuals. They are:

1. <i>Puthujjana</i>	4
2. Ariya	8
Total	12

*Puthujjana: 'Puthu'* means majority. '*Jana'* means beings. So majority beings are called *puthujjana*.

## The puthujjanas are fourfold:

- 1. *Duggati Ahetuka* = a being whose *paṭisandhi* is without *hetu* and he is in a woeful plane.
- 2. *Sugati* Ahetuka = a being whose *paṭisandhi* is without *hetu*, but he is in a blissful plane.
- 3. *Dvihetuka* = a being whose *paṭisandhi* is with 2 *hetus* (in a blissful plane).
- 4. *Tihetuka* = a being whose *paṭisandhi* is with 3 *hetus* (in a blissful plane).

*Ariya*: *Ariya* means those who are far from mental defilements. In another way, *ariya*s are noble persons through their noble mind.

## Ariyas are eightfold:

- 1. Maggaṭṭha = those whose stages are the paths, are 4.
- 2. Phalattha = those whose stages are fruitions, are 4.

#### Vīthicittas and Individuals

Regarding individuals the 80 *vīthicitta*s are divided accordingly. They run as follows:

(1) *Duggati Ahetuka*: Within such a being, 37 *vīthicitta*s are possible. They are:

Akusala	12
Ahetuka (except hasituppāda)	17
Mahākusala	8

(2) *Sugati Ahetuka*: Within such a being, 41 *vīthicitta*s are possible. They are:

Akusala	12
Ahetuka (except hasituppāda)	17
Mahākusala	8
Mahāvipāka without knowledge	4

- (3) *Dvihetuka*: Within such a being 41 *vīthicitta*s are possible. They are the same *citta*s as mentioned above.
- (4) *Tihetuka*: Within such a being 45 *vīthicitta*s are possible. They are:

Akusala	12
Ahetuka (except Hasituppāda)	17
Mahākusala	8
Mahāvipāka	8

If a *tihetuka* person attains *jhāna*, the attained *jhāna citta* is also possible. Therefore, if 9 *mahaggata kusala javana*s are added, 54 *vīthicitta*s are possible.

*Maggaṭṭha* - 4: There are 4 *maggaṭṭha*s who are at the moment when the *path citta* remains. They are:

- 1. Sotāpatti Maggattha
- 2. Sakadāgāmi Maggattha
- 3. Anāgāmi Maggaṭṭha
- 4. Arahatta Maggattha

Within these persons, the respective *magga-citta* alone is possible.

*Phalaṭṭha* - 4: There are 4 *phalaṭṭha*s who have attained the fruition *citta*s. They are:

- 1. Sotāpatti Phalaṭṭha
- 2. Sakadāgāmi Phalaṭṭha
- 3. Anāgāmi Phalaṭṭha
- 4. Arahatta Phalattha

Sotāpatti Phalaṭṭha. Within such a person 41 vīthicittas are possible. They are:

7
17
8
8
1
41

If he attains a *jhāna*, there will be more *vīthicitta*s. If 9 *mahaggata kusala javana*s are added to the 41, the number will be 50.

Sakadāgāmi Phalaṭṭha: Within such a person, the 41 vīthicittas are possible; if jhāna is attained, add 9 mahaggata kusala javanas. Thus, 50 vīthicittas are possible as in the sotāpatti phalaṭṭha (sotāpanna).

Anāgāmi Phalaṭṭha: Within such a person 39 vīthicittas are possible; if jhāna is attained, add 9 mahaggata kusala javanas. Thus, 48 vīthicittas are possible.

The 39 vīthicittas are as follows:

Diṭṭhi-vippayutta lobhamūla	4
Uddhacca-sampayutta	1
Ahetuka (except hasituppāda)	17
Mahākusala	8
Mahāvipāka	8
Anāgāmi phala	1
Total	39

Arahatta Phalaṭṭha: Within such a person (arahanta), 35 vīthicittas are possible. If jhāna is attained, by adding 9 jhāna kriya javanas, 44 vīthicittas are possible.

The 35 vīthicittas are as follows:

Ahetuka	18
Mahākriya	8
Mahāvipāka	8
Arahatta phala	1
Total	35

## Tihetuka in other planes

*Tihetuka* is a person whose *paṭisandhi citta* is with 3 *hetus*. *alobha, adosa* and *amoha*. The *tihetuka* persons are ninefold: 1 *puthujjana* and 8 *ariya*s. They are not only in *kāma-sugati* planes, but in some of the *brahmā* planes also.

The possible *vīthicitta*s within those 9 persons that were mentioned above belong to only *kāma-sugati*. If they are in a *rūpa*-plane or an *arūpa*-plane the possible *vīthicitta*s will be different in number.

In the *brahmā* planes the following *vīthicitta*s are impossible:

Dosamūla	2
Nose-consciousness	2
Tongue-consciousness	2
Body-consciousness	2
Mahāvipāka	8
Total	16

These 16 *vīthicitta*s must be removed from each of those numbers. Some *citta*s are impossible in *arūpa*-planes. They must be removed.

Table of Being, Plane, Vithicittas

Being	Plane	Possible Vīthicittas	
Duggati Ahetuka	4 woeful planes	37	
	Human	41	
Sugati Ahetuka	Cātumahārājika	41	
	Asaññasatta	no <i>citta</i>	
Dvihetuka	Human	41	
DVIIICUKA	6 Deity planes	41	

#### Table of 9 Tihetuka

Being	Plane	Possible Vīthicittas
Tihetuka	Kāma-sugati	45 / 54
Puthujjana	Rūpa	38
Ришијјана	Агйра	23
Cotananna	Kāma-sugati	41 / 50
Sotāpanna, Sakadāgāmi	Rūpa	34
	Arūpa	19
	Kāma-sugati	39 / 48
Anāgāmi	Rūpa	34
	Arūpa	19
	Kāma-sugati	35 / 44
Arahanta	Rūpa	30
	Arūpa	14

Note: In the *rūpa*- and *arūpa*-planes, the respective *rūpa*- and *arūpa-vipāka citta*s also appear but only with the function of *paṭisandhi, bhavaṅga* and *cuti*. They are *vīthimutta citta*s (process-freed consciousness) and the next chapter will deal with them. If all possible *citta*s are mentioned, they must be added to the given numbers.

The end of Chapter 5

#### **CHAPTER 6**

#### **VITHIMUTTA: PASSIVE MENTAL PROCESS**

### (1) BHŪMI SECTION

*Bhūmi* (plane): *Bhūmi* is so called because it is a place where beings are born and live. The *bhūmi* is divided into 3 or 4. As 3, they are:

- 1. Kāmāvacara a plane where sense-desire frequents,
- 2. *Rūpāvacara* a plane where desire for the life of *rūpa brahmā* frequents,
- 3. *Arūpāvacara* a plane where desire for the life of *arūpa* brahmā frequents.

#### Kāmāvacara 11

As 4, *kāmāvacara* plane, among the 3 mentioned above, is divided into 2 - *apāya* and *kāmasugati*. Herein, *apāya* means a plane where there is no or little opportunity to have *kusala*. *kāmasugati* means a beautiful plane dealing with sense-desire.

There are 4 apāya planes. They are as follows:

- 1. Niraya a plane where there is no happiness,
- 2. Tiracchāna yoni animal kingdom,
- 3. Petti visaya a plane of those who have little comfort,
- 4. Asurakāya a community of those who have little power and enjoyment.

There are 7 kāmasugati planes. They are as follows:

- 1. *Manussa* human world,
- 2. Cātumahārājika a deity world where the 4 great Kings rule,
- 3. Tāvatimsā a deity world where 33 ruling gods dwell,
- 4. *Yāmā* a deity world of those who are far from suffering,
- 5. *Tusitā* a deity world of those who ever enjoy themselves,
- 6. Nimmānarati a deity world of those who delight in creating things,
- 7. Paranimmitavasavattī a deity world of those who enjoy the things created by others.

The kāmāvacara planes are 11 altogether.

#### Rūpāvacara 16

There are 16 *rūpāvacara* planes. They are the world of those who have attained *jhāna* in previous life. The *jhāna kamma* causes them to be born in those *rūpa brahmā* worlds.

### 1st Jhāna planes (3)

- 1. Brahma pārisajjā
- 2. Brahma purohitā
- 3. Mahā brahmā

#### 2<sup>nd</sup> Jhāna planes (3)

- 4. Parittābhā
- 5. Appamāṇābhā
- 6. Ābhassarā

# 3<sup>rd</sup> *Jhāna* planes (3)

- 7. Parittasubhā
- 8. Appamāṇasubhā
- 9. *Subhakiņhā*

## 4th Jhāna planes (7)

- 10. Vehapphalā
- 11. Asaññasatta

#### Suddhāvāsa

- 12. Avihā
- 13. Atappā
- 14. Sudassā
- 15. Sudassī
- 16. Akanitthā

#### Arūpāvacara 4

There are 4 arūpāvacara planes. They are as follows:

- 1. Ākāsānañcāyatana a plane where the effect of *jhāna* that is based on infinite space, exists,
- 2. *Viññāṇñcāyatana* a plane where the effect of *jhāna* that is based on the first *arūpa-viññāṇa*, exists,
- 3. Ākiñcaññāyatana a plane where the effect of *jhāna* that is based on the nothingness of the first *arūpa-viññāṇa*, exists,
- 4. *Nevasaññānāsaññāyatana* a plane where the effect of *jhāna* that is based on the third *arūpa-viññāṇa*, exists. (It is so subtle, as it is with neither-perception-nor-non-perception).

#### 31 Planes and 12 Individuals

There are 31 planes. They are locations of 12 types of individuals. The 12 individuals are classified according to the 31 planes.

## (A) 4 Puthujjanas (majority)

- (1) Duggati Ahetuka (whose patisandhi is without hetu and in woeful state)
- (2) Sugati Ahetuka (whose paṭisandhi is without hetu, but in blissful state)
- (3) Dvihetuka (whose pațisandhi is with 2 hetus)
- (4) Tihetuka (whose pațisandhi is with 3 hetus)

### (B) 8 Ariyas (Noble)

- (5) Sotāpattimaggaṭṭha (with attainment of the 1st path)
- (6) Sotāpattiphalaṭṭha (with attainment of the 1st fruition)
- (7) Sakadāgāmimaggaṭṭha (with attainment of the 2nd path)
- (8) Sakadāgāmiphalaṭṭha (with attainment of the 2nd fruition)
- (9) Anāgāmimaggaṭṭha (with attainment of the 3rd path)
- (10) Anāgāmiphalaṭṭha (with attainment of the 3rd fruition)
- (11) Arahattamaggattha (with attainment of the 4th path)
- (12) Arahattaphalattha (with attainment of the 4th fruition)

Table of 31 Planes and 12 Individuals

No.	31 Planes	12 Indidivuals	
1.	<i>Apāya</i> planes - 4	1	Duggati ahetuka
2.	Human	11	except <i>duggati ahetuka</i>
3.	Cātumahārājika	11	except duggati ahetuka
4.	5 Higher deities	10	except ahetuka
5.	Asaññasatta	1	Sugati ahetuka
6.	Suddhāvāsa - 5	3	Anāgāmi, arahatta magga & phala
7.	The rest of <i>Rūpabrahmā</i>	9	Tihetuka
8.	Arūpa	8	Tihetuka except sotāpattimaggaṭṭha

## (2) Pațisandhi Section

20 Rebirth states: Beings are born in one of 31 planes. Their life starts with one of the rebirth states. There are 20 states. They are as follows:

Rūpa paṭisandhi	1
Arūpa paṭisandhi	19
Total	20

*Rūpa paṭisandhi:* The 9 material groups led by *jīvita* (*jīvita navaka*) are called *rūpa-paṭisandhi*, a material rebirth state. With this state, *asaññasatta* beings in the *brahmā* world start their life. *Asaññasatta* are beings whose rebirth state is just matter.

*Arūpa paṭisandhi: Arūpa paṭisandhi* is one of the 19 types of consciousness. The 19 types of consciousness are as follows:

1. Santīraṇa with neutral feeling	2
2. Mahā vipāka	8
3. Rūpa vipāka	5
4. Arūpa vipāka	4
Total	19

In the 30 planes excluding *asaññasatta*, all beings start their lives with one of 19 types of rebirth consciousness.

Here are 20 types of *paṭisandhi* states that are classified according to the 31 planes.

## 10 - Kāma Paṭisandhi

The pațisandhi cittas in the 11 kāma planes are 10:

*Apāya paṭisandhi: Upekkhā santīraṇa,* result of *akusala,* is the *paṭisandhi* of those who are born in an *apāya* planes.

### Kāmasugati paţisandhi:

- (A) *Upekkhā santīraṇa*, result of *kusala*, is a *paṭisandhi* of those who are born in the human world and in a deity world with lower status. A human whose life starts with that *santīraṇa* is not normal. He or she is blind from birth and so on.
- (B) *Mahāvipāka* is the *paṭisandhi* of those who are born in the human world and in the 6 deity worlds.

## Rūpāvacara Pațisandhi

There are 6 rūpāvacara paṭisandhi states. They are as follows:

1. Rūpavipāka citta	5
2. Jīvita navaka rūpa	1
Total	6

The 1<sup>st</sup>  $jh\bar{a}na$   $vip\bar{a}ka$  is the patis and hi of those who are born in the 1<sup>st</sup>  $jh\bar{a}na$  plane.

The  $2^{nd}$  *jhāna vipāka* and the  $3^{rd}$  *jhāna vipāka* are the *paṭisandhi* of those who are born in the  $2^{nd}$  *jhāna* plane.

The  $4^{th}$  *jhāna vipāka* is the *paṭisandhi* of those who are born in the  $3^{rd}$  *jhāna* plane.

The  $5^{th}$  *jhāna vipāka* is the *paṭisandhi* of those who are born in the  $4^{th}$  *jhāna* plane.

*Jīvita navaka* (a material group of 9 matters led by *jīvita*) is the *paṭisandhi* of *Asaññasatta brahmā*s.

## Arūpa Paṭisandhi

There are 4 *arūpa paṭisandhi*. They are classified according to their planes respectively.

The  $1^{st}$  arūpa vipāka is the paṭisandhi of those who are born in the ākāsānañcāyatana plane.

The 2<sup>nd</sup> *arūpa vipāka* is the *paṭisandhi* of those who are born in the *viññāṇañcāyatana* plane.

The 3<sup>rd</sup> *arūpa vipāka* is the *paṭisandhi* of those who are born in the *ākāsānañcāyatana* plane.

The 4<sup>th</sup> *arūpa vipāka* is the *paṭisandhi* of those who are born in the *nevasaññānāsaññāyatana* plane.

### Plane and Pațisandhi

No.	Plane	Paṭisandhi	
1.	4 Apāyas	<i>Upekkhā santīraṇa,</i> result of <i>akusala</i>	1
2.	Human (abnormal from birth), <i>Vinipātika</i> deity	<i>Upekkhā santīraṇa,</i> result of <i>kusala</i>	1
3.	Human (normal), 6 deity worlds	Mahāvipāka	8
4.	Asaññasatta	Jīvita navaka	1
5.	15 <i>Rūpa</i> planes	Rūpa vipāka	5
6.	4 <i>Arūpa</i> planes	Arūpa vipāka	4

#### One with 3 Functions

Almost all beings wander from one life to another. They begin their lives with *paṭisandhi*, the rebirth state. Rebirth consciousness has 3 functions to perform: relinking, life-continuing and passing away. In one life, it is the same type of *citta* that perform 3 functions. Therefore, in one life, *paṭisandhi*, *bhavaṅga* and *cuti* are only one *citta*. They have the same associating *cetasika*s, the same object and are the same effect of a *kamma*.

## (3) KAMMA SECTION

#### Definition of Kamma

Kamma means what is done with or without intention. In doing with intention, there is motivation. This motivation (volition) leads to action. The Buddhist technical term for motivation is *cetanā*. It is *cetanā* that is mentioned as *kamma*. In *Paṭṭhāna*, the seventh *Abhidhamma* treatise, *cetanā* is said to be *kamma* condition (*kamma paccayo*).

However, not only *cetanā* is declared as *kamma*, but some other *cetasika*s also. For example, *abhijjhā*, *byāpāda*, *micchādiṭṭhi*, etc. are mentioned as *kamma*. Therefore, it should be noted that the Buddhist term, *kamma*, is used for *cetanā* and some of the other *cetasika*s.

Kamma is an energetic state that brings about mental, verbal and physical action. It associates with kusala javana and akusala javana. It accumulates within those who have mainly ignorance and craving. Kamma produces its result at a different moment from the arising moment.

#### Classification of Kamma

- 2 types of *Kamma*: The *kamma* is twofold according to its individual characteristic. They are
  - 1. Kusala kamma (wholesome kamma) and
  - 2. Akusala kamma (unwholesome kamma).

Kusala kamma has a characteristic that is without fault and producing a blissful result.

Akusala kamma has a characteristic that is with fault and producing a painful result.

### (a) Kusala Kamma

*Kusala kamma* is threefold according to the plane where it frequents:

- 1. *Kāmāvacara kusala kamma* (wholesome *kamma* that frequents the *kāma* plane,
- 2. *Rūpāvacara kusala kamma* (wholesome *kamma* that produces its result in the *Rūpa* plane),
- 3. *Arūpāvacara kusala kamma* (wholesome *kamma* that produces its result in the *Arūpa* plane).

Note: The *cetanā* that associates with *magga citta* also can be called "*kamma*". However, that *kamma* produces its result, *phala* (fruition), immediately after it has ceased. The *magga kamma*, though it is *kusala kamma*, does not produce any kind of rebirth result. Therefore, it is not included in *kamma*, here.

### (1) Kāmāvacara kusala kamma

- (A) The wholesome *kamma* that frequents the *kāma* plane is three fold dealing with the door through which it arises:
  - 1. Kāya kamma (kamma that arises in body-door),
  - 2. Vacī kamma (kamma that arises in verbal-door),
  - 3. Mano kamma (kamma that arises in mind-door).

#### 3 Kāya kamma

- 1. Pāṇātipātā veramaṇi abstinence from killing,
- 2. Adinnādānā veramaņi abstinence from stealing,
- 3. *Kāmesumicchācārā veramaņi* abstinence from unlawful sexual relations.

#### 4 Vacī kamma

- 1. Sacca vācā telling the truth,
- 2. *Apisuṇa vācā* abstinence from dividing friends from each other,
- 3. Saņha vācā speaking kindly,
- 4. Manta vācā talking wisely.

#### 3 Mano kamma

- 1. Anabhijjhā non-covetousness,
- 2. Abyāpāda non-hatred,
- 3. Sammā diṭṭhi right view.
- (B) Regarding function, the wholesome *kamma* that frequents the *kāma* plane is divided into three:
  - 1. Dāna offering,
  - 2. Sīla morality,
  - 3. Bhāvanā meditation practice.
- (C) According to associated consciousness, the wholesome kamma that frequents in kāma plane is divided into eight:
  - 1. Kamma associated with knowledge

4

2. Kamma dissociated from knowledge

4

8

(D) According to *puñña-kiriya-vatthu* (merit that conditions happiness), the wholesome *kamma* that frequents the *kāma* plane is divided into ten:

1. Dāna	Offering
2. <i>Sīla</i>	Morality
3. <i>Bhāvanā</i>	Meditation practice
4. Apacāyana	Veneration
5. Veyyāvacca	Service
6. <i>Pattidāna</i>	Sharing merit
7. Pattānumodana	Rejoicing at the shared merit
8. Dhammassavana	Listening to the <i>Dhamma</i>
9. <i>Dhammadesanā</i>	Talking the <i>Dhamma</i>
10. <i>Diţţhijukamma</i>	Correction of one's view

#### (2) Rūpāvacara kusala kamma

The wholesome *kamma* that produces its result in *rūpa* plane concerns only mental action (*mano kamma*). It is possible through *samatha* meditation that leads to the attainment of *jhāna*. The *rūpāvacara kusala kamma* is divided into five according to the five *jhāna* attainments.

### (3) Arūpāvacara kusala kamma

The wholesome *kamma* that produces its result in *arūpa* plane concerns only mental action (*mano kamma*). It is also possible through *samatha* meditation after the 5<sup>th</sup> *rūpa jhāna* has been attained. The *arūpa kusala kamma* is fourfold according to the 4 *jhāna* objects.

## (b) Akusala Kamma

- (A) The unwholesome *kamma* is not classified according to plane but only classified according to the door through which it arises:
  - 1. Kāya kamma (kamma that arises in body-door),
  - 2. Vacī kamma (kamma that arises in verbal-door),
  - 3. Mano kamma (kamma that arises in mind-door).

#### 3 Kāya kamma

- 1. Pāṇātipāta killing,
- 2. Adinnādāna stealing,
- 3. Kāmesu micchācāra unlawful sexual relations.

#### 4 Vacī kamma

- 1. Musāvāda telling lies,
- 2. Pisuņavācā speech that splits up friends,
- 3. Pharusavācā saying abusive words,
- 4. Samphappalāpa senseless talk.

#### 3 Mano kamma

- 1. Abhijjhā covetousness,
- 2. Byāpāda hatred,
- 3. Micchā diţţhi wrong view.

#### Root conditions of misconduct

There are 10 kinds of misconduct - killing, stealing and so on. They come out from root conditions: craving, hatred and delusion. Of them, delusion is a universal root condition while the other two are particular.

Regarding the particular root conditions, the 10 kinds of misconduct are classified as follows:

- 1. Killing, saying abusive words and hatred are rooted in dosa.
- 2. Unlawful sexual relations, covetousness and wrong view are rooted in *lobha*.
- 3. The other 4: stealing, telling lies, divisive speech and senseless talk are rooted in *lobha* and *dosa*.
- (B) The unwholesome *kamma* is of 12 kinds according to associating *cittas*:

Lobhamūla 8 Dosamūla 2 Mohamūla <u>2</u>

## Kamma and Vipāka

Kamma produces its result. The result of a kamma is called "vipāka". The vipāka is twofold: paṭisandhi and pavatti. Paṭisandhi is a result that gives rise to linking between two lives. Pavatti is a result that arises continuously in one life span.

#### Result of Kusala kamma

Mahākusala kamma: Mahākusala produces its paṭisandhi result, e.g. upekkhā santīraṇa and 8 mahāvipākas, only in kāmasugati plane. And it produces its pavatti result, 8 mahāvipāka, only in kāmasugati plane. But the other pavatti results, 8 ahetuka kusala vipākas, are possibly produced in kāma and rūpa brahmā planes.

Especially, the *mahākusala kamma* is divided into two: with three roots (*tihetuka*) and two roots (*dvihetuka*). Then each one can be classified as superior (*ukkaṭṭha*) and inferior (*omaka*).

That *mahākusala kamma*, according to its classification, produces its results in different classes.

- (A) The superior *kusala kamma* with three roots (*tihetuka*) produces the *patisandhi* result with three roots (*tihetuka paṭisandhi*), e.g. *mahāvipāka ñāṇasampayutta* 4. But the *pavatti* results are 16: 8 *ahetuka vipāka*s and 8 *mahāvipāka*s.
- (B) The inferior kusala kamma with three roots (tihetuka omaka) and the superior kusala kamma with two roots (dvihetuka ukkaṭṭha) produce the paṭisandhi results with two roots (dvihetuka paṭisandhi), e.g. mahāvipāka ñāṇavippayutta 4. But the pavatti results are 12: 8 ahetuka kusala vipākas and 4 mahāvipāka ñāṇavippayutta.
- (C) The inferior *kusala kamma* with two roots (*dvihetuka omaka*) produces the *paṭisandhi* result without root (*ahetuka paṭisandhi*), e.g. *upekkhā santīraṇa kusala vipāka*. But the *pavatti* results are 8 as *ahetuka kusala vipāka*s. *Kamma, kusala* and *akusala*, are divided into 4 by way of function. They run as follows:

Kāma kusala kamma	Paṭisandhi results	Pavatti results	
Superior with 3 roots	4 with 3 roots	16 with 3 / 2 roots or without roots	
Inferior with 3 roots	4 with 2 roots	12 with 2 roots of	
Superior with 2 roots	4 WILLI 2 TOOLS	without roots	
Inferior with 2 roots	1 without root	8 without roots	

Note: The above classification dealing with roots is widely accepted by *Abhidhammic* scholars. However there were others who wanted to classify the *kusala kamma* dealing with promptitude, with or without. *Kamma* without promptitude produces its result only without promptitude, with promptitude only with promptitude. According to their view, the numbers of *pavatti* results will be as follows: 12, 10, and 8.

*Rūpāvacara Kusala kamma*: The wholesome *kamma* that produces its result in *rūpa* plane is divided into 5 as mentioned before, according to the stages of *jhāna* attainment. Then each of the 5 *jhāna kamma*s are classified again as with poor quality (*hīna*), medium quality (*majjhima*) and higher quality (*paṇīta*).

- (A) The first *jhāna* with poor quality produces its result in the first *jhāna* plane, *brahmā pārisajjā;* with medium quality in the first *jhāna* plane, *brahmāpurohitā;* with higher quality in the first *jhāna* plane, *Mahābrahmā*.
- (B) The 2<sup>nd</sup> or the 3<sup>rd</sup> *jhāna* with poor quality produces its result in the 2nd *jhāna* plane, *parittābhā*; with medium quality in the 2nd *jhāna* plane, *appamāṇābhā*; with higher quality in the 2nd *jhāna* plane, *ābhassarā*.
- (C) The 4th *jhāna* with poor quality produces its result in the 3rd *jhāna* plane, *parittāsubhā;* with medium quality in the 3rd *jhāna* plane, *appamāṇāsubhā*; with high quality in the 3rd *jhāna* plane *subhakiṇhā*.
- (D) The 5th *jhāna* with higher quality produces its result in the 4th *jhāna* plane, *vehapphalā*. The 5th *jhāna* with the intention to cease "perception" produces its result in the 4th *jhāna* plane, *asaññasatta*.
- (E) Especially the *anāgāmi* noble persons are to be born in the 4th *jhāna* plane, 5 *suddhāvāsa*s (pure abodes).

Arūpāvacara kusala kamma: The wholesome kamma that produces its result in arūpa plane is only with higher quality. According to the 4 jhāna stages they produce their results in the 4 arūpa planes respectively.

Special note: Thus, the sublimated merit *kamma*, according to the classified plane, produces its result similarly at the moment of *paţisandhi* and *pavatti*.

#### Result of Akusala kamma

Akusala (unwholesome) kammas are 12 dealing with the associated cittas. All unwholesome kammas produce their pavatti results, the 7 akusala vipāka cittas. But the paṭisandhi result, upekkhā santīraṇa, is not produced by the uddhacca kamma, when weak cetanā associated with uddhacca has no powerful condition to produce paṭisandhi result. But the other 11 unwholesome kammas produce the paṭisandhi result, upekkhā santīraṇa.

#### Fourfold Kamma

(a) Kamma by way of function: Kamma, kusala and akusala, is divided into 4 by way of function. It runs as follows:

(1) Janaka kamma - productive kamma,

(2) Upathambhaka kamma - supportive kamma,

(3) *Upapīļaka kamma* - obstructive *kamma*,

(4) *Upaghātaka kamma* - destructive *kamma*.

*Janaka-kamma: Janaka* is a kamma, wholesome or unwholesome, that produces a *paṭisandhi* result in a new life.

*Upatthambhaka kamma: Upatthambhaka* is a *kamma,* wholesome or unwholesome, that supports the productive *kamma* which has already produced *paṭisandhi* result in a new life.

*Upapīļaka kamma:* Upapīļaka is a *kamma*, wholesome or unwholesome, that obstructs the productive *kamma* which has already produced *paṭisandhi* result in a new life.

*Upaghātaka kamma: Upaghātaka* is a *kamma*, wholesome or unwholesome, that destroys and removes the productive *kamma* which has already produced *paṭisandhi* result in a new life.

- (b) Kamma by order of ripening: Kamma, kusala and akusala is divided into 4 by order of ripening. It runs as follows:
  - (1) Garuka kamma weighty kamma,
  - (2) Āsanna kamma death-proximate kamma,
  - (3) Āciṇṇa kamma habitual kamma,
  - (4) Kaṭattā kamma reserve kamma.

Garuka kamma: Garuka is a kamma with great power in producing its result. It is wholesome or unwholesome. If unwholesome, the 5 ānantariya kammas: matricide, parricide, the murder of an arahant, the wounding of a Buddha, and the creation of a schism in the saṅgha, and niyata-micchādiṭṭhi (a strong skepticism) are garuka kamma. If wholesome, the mahaggata kammas are garuka kamma. The garuka kamma pushes the other kammas away and produces only its result.

*Āsanna kamma*: *Āsanna* is a *kamma* that is done or renewed at the moment of dying. If there is no *garuka*, the *āsana kamma* has chance to produce its result.

Āciṇṇa kamma: Āciṇṇa is a kamma that is habitually performed and accumulated. If there is no garuka or āsanna, the āciṇṇa kamma has chance to produce its result.

Kaṭattā kamma: Kaṭattā is a kamma that just has been done without special position as garuka, or āsanna, or āciṇṇa. If there is no the other kamma, the kaṭattā kamma produces its result.

- *(c) Kamma* by time of ripening: *Kamma, kusala* and *akusala,* is divided into 4 according to the time of ripening. They run as follows:
  - (1) Diṭṭhadhammavedanīya kamma immediately effective kamma,
  - (2) *Upapajjavedanīya kamma* subsequently effective *kamma*,
  - (3) Aparāpariyavedanīya kamma indefinitely effective kamma,
  - (4) Ahosi kamma defunct kamma.

Analysis: These kammas are classified according to the cetanā associated with javana cittas. Among the 7 javana cetanās, the 1st produces its result only in the present life. It is not strong enough to continue to the next life, because it does not receive energy from the preceding javana. On the passing over of the present life it becomes ahosi kamma and expires.

The last *javana cetanā* produces its result in the second life. On passing over the second life, it becomes *ahosi kamma* and expires.

The 5 *javana cetanā*s, between the first and the last, produce their results during the life span from the third life to the life when one attains the final liberation, *Nibbāna*. On having attained *Nibbāna*, it becomes *ahosi kamma* and expires.

#### 4 Conditions of Death

For those who are born as beings, death is certain to take place. There are 4 causes and conditions for the death of beings:

- 1. Āyukkhaya
- The expiry of life-span,
- 2. Kammakkhaya
- The expiry of kamma,
- 3. *Ubhayakkhaya*
- The expiry of both (life-span and *kamma*),
- 4. *Upacchedaka kamma* A *kamma* that cuts off the life productive *kamma*.

A death caused by the first three conditions is known as timely death (*kāla maraṇa*). The death that is caused by the last is known as untimely death (*akāla maraṇa*).

## 3 Objects of Death Consciousness

If someone is about to die, one of the 3 objects come into manifestation in one of the six doors by the power of kamma.

- 1. *Kamma*: the kamma that is accumulated, matures and will produce rebirth in the next life.
- Kamma-nimitta (condition of the kamma): an object that was experienced when the kamma was performed.
- 3. *Gati-nimitta* (sign of destination): the things that will be obtained and experienced in the next life.

Among the 3 objects of death-process, *kamma* belongs to the past. It appears only in the mind-door.

The object, *kamma nimitta*, belongs to the past or the present. If it is past object, it manifests only in the mind-door. If it is present object, it manifests in the 6 doors.

The object, gati nimitta, belongs to the present. It manifests in the 6 doors.

At the death moment, the mental process runs with one of the 3 objects. It inclines mostly to the next life. Or the productive *kamma* presents itself to a sense-door by way of renewing.

#### Death Consciousness

A person is on the verge of death. Within him the death-consciousness (*cuticitta*) arises immediately after *bhavanga*, *tadārammaṇa* or *javana*. Then, at the end of the present life, death-consciousness comes into cessation.

#### Rebirth Consciousness

When the death-consciousness (*cuti citta*) ceases, immediately after it, there appears rebirth-consciousness (*paṭisandhi citta*). The rebirth-consciousness runs with the object of the death-process. It arises with base or without base according to plane.

The rebirth-consciousness, associating with mental states, arises as the forerunner of mind and matter that are born together. It is generated by *saṅkhāra* (*kamma*) with the help of ignorance (*avijjā*) and craving (*taṇhā*). The rebirth-consciousness arises, relinking the two lives, this life and the next life.

#### Death and Rebirth-process

At the last moment of a being, the death-process occurs in this life. After that the rebirth-process continues in the next life. The death-process and rebirth-process differ according to the person within whom they arise. The two types of process can be classified into 8:

A being who will be born

- (1) from 11 kāma planes to 11 kāma planes,
- (2) from the 7 kāma sugati planes to the 16 rūpa planes,
- (3) from the 7 kāma sugati planes to the 4 arūpa planes,
- (4) from rūpa planes to rūpa planes,
- (5) from rūpa planes to 7 kāma sugati planes,
- (6) from rūpa planes to arūpa planes,
- (7) from arūpa planes to arūpa planes,
- (8) from arūpa planes to 7 kāma sugati planes.

## (1) From 11 kāma planes to 11 kāma planes

There are some beings who will be born from 11 *kāma* planes to 11 *kāma* planes. For them, the 20 types of death and rebirth-process in 5 doors and the 4 in mind-door may possibly arise.

Herein, dealing with eye-door, the death and rebirth-process occurs in 4 ways:

The death consciousness occurs

- (1) after bhavanga preceded by tadārammaņa,
- (2) after bhavanga preceded by javana,
- (3) after tadārammaņa,
- (4) after javana.

The same applies to the other doors.

## Death and rebirth-process in eye-door

- (1) Death: B B B P C S S V J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> T T B C Rebirth: P B<sup>1</sup> --- B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...
- (2) Death: B B B P C S S V J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> T T C Rebirth: P B<sup>1</sup> --- B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...
- (3) Death: B B B P C S S V J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C Rebirth: P B<sup>1</sup> --- B <sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...
- (4) Death: B B B P C S S V J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> C Rebirth: P B<sup>1</sup> --- B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...

## Death and rebirth process in mind-door

- (1) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> T T B C Rebirth: P B<sup>1</sup> --B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B...
- (2) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> T T C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B...
- (3) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B...
- (4) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> I<sup>6</sup> J<sup>7</sup> B...

#### Special Notes:

In death process in 6 doors, the *bhavanga* and *cuti* (death consciousness) are one of those 10 *kāma bhavanga citta*s that run with one of these three objects: *kamma, kammanimitta* and *gatinimitta*. *Javana citta*s must be *kāma kusala* for those who will be born in *kāmasugati*, but for those who will be born in woeful state, it must be akusala.

The active minds (*vīthicitta*s) in 5 doors or in mind-door run with one of the three objects: *kamma, kammanimitta* and *gatinimitta*.

The 5 sense *viññāṇa*s in death process arise depending on the respective base among the 5-bases that were born earlier. The remaining *vīthicitta*s arise depending on the heart-base that was born earlier.

In rebirth process, the *paṭisandhi* and *bhavanga* are one of 10 *kāma paṭisandhi*s, that run with one of three objects: *kamma, kammanimitta* and *gatinimitta*, received by the *javana*s in the preceding death process.

Then the mind-door attention consciousness and the bhavanikanti javanas (javanas that attach to the life-existence) run with the object of life-existence. Regarding the base, the patisandhi citta depends on the heart-base that was born together with it. But the remaining cittas depend on the heart-base that was born earlier than themselves.

### (2) From the 7 kāmasugati planes to the 16 rūpa planes

There are some beings who will be born from 7 *kāmasugati* planes to 16 rūpa planes. For them, the 2 types of death and rebirth process in mind-door only, will arise. Especially to those who will be born in *asaññasatta*, rebirth mental process does not occur, but the material process of *9-jīvita group* comes into being.

#### To 15 rūpa planes:

- (1) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B...
- (2) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B...

#### To asaññasatta plane:

(1) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C

Rebirth: P (9-material group led by *jīvita* occurs as rebirth and run for the whole life together with the possible *kamma*-born matters).

(2) Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> C,

**Rebirth**: P (9-material group led by *jīvita* occurs as rebirth and run for the whole life together with the possible *kamma*-born matters).

#### Special Notes:

In death process in mind-door, the *bhavanga* and *cuti* are only one of the 4 *mahāvipāka* with 3-hetu. The *javana*s preceding death are only one of 8 *mahākusala*. They run with the object of *kammanimitta*. In rebirth process the *paṭisandhi* is one of 5 *rūpa jhāna paṭisandhi*s for 15 *rūpa brahmā*s, and for *asaññasatta*, the rebirth starts with the material group of 9 led by *jīvita*.

## (3) From the 7 kāmasugati planes to the 4 arūpa planes

Death: B B M  $J^1$   $J^2$   $J^3$   $J^4$   $J^5$  B C

Rebirth:  $P B^1 - B^{16} M J^1 J^2 J^3 J^4 J^5 J^6 J^7 B...$ 

### Special Note:

In death process in mind-door, the *bhavanga* and *cuti* are one of the 4 *mahāvipāka* with 3 hetus. In rebirth process the *paṭisandhi* is one of the *arūpa paṭisandhi*s.

### (4) From rūpa plane to rūpa plane

Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B...

## (5) From rūpa planes to 7 kāma sugati planes

Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B...

## (a) From rūpa plane (except asaññasatta)

In 5-door:

- (1) Death: B B B P C S S V J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...
- (2) Death: B B B P C S S V J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...

#### In Mind-door:

Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...

#### (b) From Asaññasatta

**Death:** On the ceasing of 9-*jīvita* group, death occurs in *asaññasatta* beings.

Rebirth:  $P B^1 - B^{16} M J^1 J^2 J^3 J^4 J^5 J^6 J^7 B B...$ 

#### Special Notes:

Those who passed away from *asaññasatta* have no mental process. In rebirth process, the *paţisandhi* is one of 8 *mahāvipāka citta*s with one of the 3 objects. That object comes into manifestation through the power of *kamma* which has a chance to produce its result. That *kamma* was done before being in *asaññasatta*.

## (6) From rūpa planes to arūpa planes

Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C

Rebirth: P B<sup>1</sup>--B<sup>16</sup> M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> J<sup>6</sup> J<sup>7</sup> B B...

## (7) From arūpa planes to arūpa planes

Death: B B M J<sup>1</sup> J<sup>2</sup> J<sup>3</sup> J<sup>4</sup> J<sup>5</sup> B C

Rebirth: P B<sup>1</sup>--B<sup>16</sup> M I<sup>1</sup> I<sup>2</sup> I<sup>3</sup> I<sup>4</sup> I<sup>5</sup> I<sup>6</sup> I<sup>7</sup> B B...

### (8) From arūpa planes to 7 kāma sugati planes

Death: B B M J1 J2 J3 J4 J5 B C

**Rebirth**:  $P B^1 - B^{16} M J^1 J^2 J^3 J^4 J^5 J^6 J^7 B B...$ 

### Pațisandhi after Cuti

In *saṃsāra* all beings, except an *arahant*, will be born in a new life immediately after death. All kinds of rebirth (*paṭisandhi*) are preceded by death (*cuti*). Therefore there must be a classification of the types of *paṭisandhi* that are possible after the respective types of *cuti*.

Cuti		Paṭisandhi	
Ahetuka cuti	2	Kāma paṭisandhi	10
Kāma tihetuka	4	Tihetuka paṭisandhis (= 19 paṭisandhi cittas, and asaññasatta 1)	all 20
Rūpa cuti	4	Sahetuka Paţisandhis (= mahāvipāka 8, rūpa 5, asaññasatta 1, arūpa 4)	all 18
Asaññasatta cuti	1	Mahāvipāka	8
Arūpa cuti	4	Kāma tihetuka	4
		Arūpa	4

*Life-existence.* Life starts with rebirth consciousness. It remains for only 3 very short moments - arising, stopping, and ceasing. Then the same type of consciousness appears with the object of rebirth consciousness. It is named *bhavanga* due to being the condition of life. In the end, the same type of consciousness arises with the same object and it is named *cuti* due to the cessation of life.

Then immediately after *cuti*, it continues as another *paṭisandhi*. Then *bhavaṅga* and *vīthicitta*s follow depending on conditions throughout the whole life. Finally, *cuti* arises as the end of life-existence. This process continues non-stop, revolving like a wheel.

The end of Chapter 6

#### **CHAPTER 7**

# PACCAYASANGAHA (Compendium of Causality)

Causality

Regarding causality there are two things: *paccaya* = cause, *paccayuppanna* = effect. Herein, *paccaya* is comprised of three states: *sankhata* = conditioned state, *asankhata* = unconditioned state and *paññatti* = concept. *Paccayuppanna*, however, deals with conditioned state only.

Two Ways

There are two ways to explain causality: the way of paţiccasamuppāda, and the way of paṭṭhāna. Herein, paṭiccasamuppāda means dependent origination while paṭṭhāna means various conditions and conditional relations.

In the way of *paṭiccasamuppāda*, causality is explained in terms of how the two states (*paccaya* and *paccayuppanna*) relate to each other, just as "when this exists, that exists". However, in the way of *paṭṭhāna*, not only how the two states are related to each other, but the specific efficacy of conditions (*paccayasatti*) is also explained.

## 1. The Way of Paticcasamuppāda.

- (a) Ignorance conditions creative kamma.
- (b) Creative kamma conditions rebirth consciousness.
- (c) Consciousness conditions mind and matter.
- (d) Mind and matter condition six-bases.
- (e) Six-bases condition mental contact.
- (f) Mental contact conditions mental feeling.
- (g) Mental feeling conditions craving.
- (h) Craving conditions clinging.

- (i) Clinging conditions life-existence.
- (j) Life-existence conditions birth.
- (k) Birth conditions ageing and death, and moreover, the arising of grief, lamentation, pain, unhappiness and despair. In this way, there occurs this mere mass of *dukkha*.

Avijjāpaccayā Saṅkhārā

Avijjā is ignorance. It is an evil mental state (cetasika), delusion (moha). It arises associating with 12 akusala cittas. According to Suttanta it causes ignorance of the 4 Noble Truths. But in Abhidhamma it is said to be the ignorance of the 8 categories: the 4 Noble Truths, the states belonging to the past, to the future, or to both, and the Paṭiccasamuppāda.

Saṅkhāra is creative kamma. In Paṭiccasamuppāda, the word saṅkhāra is used for kamma only. Kamma is mainly cetanā, but there are some other cetasikas that are called kamma. They are abhijjhā, byāpāda, micchādiṭṭhi, anabhijjhā, abyāpāda and sammādiṭṭhi. In Paṭiccasamuppāda, it is cetanā, a universal mental state, that is referred to as saṅkhāra.

Saṅkhāra is three-fold: (In different order) Apuññābhisaṅkhāra, cetanā that associates with 12 akusala cittas. Puññābhisaṅkhāra, cetanā that associates with 8 mahākusala cittas and 5 rūpāvacara kusala cittas. Āneñjābhisaṅkhāra, cetanā that associates with 4 arūpāvacara kusala cittas.

Put in another way, there are 3 types of sańkhāras: kāyasańkhāra = physical creativity, vacīsańkhāra = verbal creativity, and manosańkhāra = mental creativity. The 20 cetanās in 12 akusala cittas and 8 mahākusala cittas that occur in the body-door are the kāyasańkhāra. Only those cetanās that occur in verbal door are the vacīsańkhāra. The 29 cetanās in 12 akusala cittas, 8 mahākusala cittas, 5 rūpakusalas, and 4 arūpakusalas occuring in the mind-door are the manosańkhāra.

Herein, *avijjā* conditions *sankhāra*. *Sankhāra* produces its results within those who have *avijjā*. As long as *avijjā* remains, *sankhāra* remains to create conditioned states.

### Sankhārapaccayā Viññāṇaṃ

Saṅkhāra: 12 akusala cetanā (apuññābhisaṅkhāra), and 17 lokiya kusala cetanā (puññābhisaṅkhāra | āneñjābhisaṅkhāra) are here mentioned as saṅkhāra. But the cetanā in uddhaccasampayutta citta produces only pavatti (life-continuity) result, not paṭisandhi (rebirth) result. The cetanā associated with abhiññā is not included in saṅkhāra, because it is just a result of the fourth jhāna concentration.

Viññāṇa. Here, viññāṇa refers only to vipāka consciousness. At the moment of rebirth, the vipāka consciousness performs the function of paṭisandhi, of which there are 19. During the lifecontinuity, the 32 lokiya vipāka consciousnesses are the viññāṇa.

Herein, *Sankhāra* conditions *Viññāṇa*. For without *sankhāra*, *viññāṇa* cannot arise in the next life. *Sankhāra* is compared with soil. *Viññāṇa* is seed. Seed is able to grow on soil (*kammaṃ khettaṃ*, *viññāṇaṃ vījaṃ*).

Sańkhāra produces its result, viññāṇa, in the two different periods: rebirth, and life-continuity. The apuññābhisaṅkhāra (except uddhacca cetanā) produces its resulting viññāṇa, akusala vipāka upekkhā santīraṇa, at rebirth period, in one of the 4 apāya planes, but the apuññābhisaṅkhāra (including uddhacca cetanā) produces its resulting viññāṇa, 7 akusala vipākas, in the period of continuity in all kāma and rūpa planes.

The puññābhisankhāra, 8 mahākusala cetanās, produces its resulting viññāṇa, 1 kusala vipāka upekkhā santīraṇa, and 8 mahāvipākas at rebirth period in kāmasugati plane. But it produces its resulting viññāṇa, 8 ahetuka kusala vipākas in kāma and rūpa planes, 8 mahāvipākas only in kāmasugati plane at the life-continuity period.

The puññābhisaṅkhāra, 5 rūpa kusalas, produces its resulting viññāṇa, 5 rūpa vipākas, only in the respective rūpa planes at the 2 periods, rebirth and life-continuity. The āneñjābhisaṅkhāra, 4 arūpa kusalas, produces its resulting viññāṇa, 4 arūpa vipākas, only in the respective arūpa planes at 2 periods, rebirth and life-continuity.

sarikhāra	period	viññāṇa		
11 Akusala cetanā (excluding uddhacca)	pațisandhi	Upekkhā Sanţīraņa	1	
12 Akusala cetanā	pavatti	Akusala vipāka	7	
		Upekkhā Santīraņa	1	
	paṭisandhi	Mahāvipāka	8	
8 <i>Mahākusala</i>	pavatti	Ahetuka kusala vipāka	8	
		Mahāvipāka	8	
5 Rūpa kusala	pațisandhi	Rūpa vipāka	5	
	pavatti	Rūpa vipāka	5	
	paṭisandhi	Arūpa vipāka	4	
4 Arūpa kusala	pavatti	Arūpa vipāka	4	

Viññāṇapaccayā Nāma-rūpaṃ

Viññāṇa. Here, viññāṇa is twofold: abhisankhāra viññāṇa and vipāka viññāṇa. The 29 cittas, consisting of 12 akusalas and 17 lokiya kusalas, are the abhisankhāra viññāṇa. The 32 cittas, consisting of 23 kāma vipākas, 5 rūpa vipākas, and 4 arūpa vipākas, are the vipāka viññāṇas. In other way, all the 89 cittas are referred to here as viññāṇa.

*Nāma-rūpa*. *Nāma* here consists of only *cetasika*s that associate with *lokiya vipāka citta*s, or all 52 *cetasika*s. *Rūpa* is only kamma-born matter, or all matters born of the 4 conditions.

Herein, *viññāṇa* conditions *nāma* and *rūpa*, because if *viññāṇa* does not arise, *nāma* (*cetasika*) and *rūpa* are unable to arise.

## Nāma-rūpa-paccayā Saļāyatanam

*Nāma-rūpa*: Here *nāma* is only *cetasika*s, while *rūpa*s are 4 *mahābhūta*s, 6 *vatthu rūpa*s, *jīvitindriya*, and *āhāra*.

Saļāyatana (sa + āyatana): 6 internal bases: eye, ear, nose, tongue, body and mind.

Herein, *nāma-rūpa* conditions the 6 bases, because when mind and matter exist, the 6 bases are able to exist.

## Saļāyatana-paccayā Phasso

*Saļāyatana*: Here it means all ā*yatana*s: 6 internal bases, and 6 external bases.

Phassa: There are 6 types of phassa: cakkhu-samphassa (contact associated with eye-consciousness), sota-samphassa (contact associated with ear-consciousness), ghāna-samphassa (contact associated with nose-consciousness), jivhā-samphassa (contact associated with tongue-consciousness), kāya-samphassa (contact associated with body-consciousness), mano-samphassa (contact associated with the 22 lokiya vipāka cittas).

Herein *saļāyatana* conditions *phassa* because *phassa* is able to arise only in dependence on 6 bases respectively.

## Phassa-paccayā Vedanā

Phassa, There are 32 phassa that associate with 32 lokiya vipāka cittas.

Vedanā. There are 6 types of vedanās: cakkhu-samphassajā (feeling produced by contact associated with eye-consciousness), sota-samphassajā (feeling produced by contact associated with ear-consciousness), ghāna-samphassajā (feeling produced by contact associated with nose-consciousness), jivhā-samphassajā (feeling produced by contact associated with tongue-

consciousness), *kāya-samphassajā* (feeling produced by contact associated with body-consciousness), *manosamphassajā* (feeling produced by contact associated with the 22 *lokiya vipāka citta*s).

Herein, *phassa* conditions *vedanā*, because *vedanā* is unable to arise without *phassa*. Depending on *phassa*, *vedanā* has to arise.

## Vedanāpaccayā Taṇhā

Vedanā: Here vedanā is not only 32 vedanās that associate with 32 lokiya vipāka cittas, but also those that associate with 81 lokiya cittas.

Taṇhā. There are six types of taṇhās: rūpataṇhā (craving for visible object), saddatanhā (craving for sound), gandhatanhā for taste), rasatanhā (craving (craving for smell), tangible object), and (craving for photthabbatanhā dhammatanhā (craving for all other objects).

Put in another way, *taṇhā* is three-fold: *kāma-taṇhā* (craving for sensual pleasure), *bhava-taṇhā* (craving for permanent life existence or eternalism), and *vibhava-taṇhā* (craving for annihilation of life existence or nihilism). Each of them becomes 6 when dealing with 6 objects. So 3 multiplied by 6 are 18. Then 18 multiplied by 2, internal and external, becomes 36. And the 36 multiplied by 3 times - past, present, and future - becomes 108.

Herein, *vedanā* conditions *taṇhā*, because craving arises due to the enjoying of the objects through *vedanā*.

## Taṇhā-paccayā Upādānaṃ

*Taṇhā* and *Upādāna*: Here *taṇhā* is craving that is not so strong, while *upādāna* is strong together with wrong view (*diṭṭhi*). *Upādāna* means strong grasping of an object.

There are 4 *upādāna*s: *kāmupādāna* (strong grasping of sensual pleasure), *diṭṭhupādāna* (strong grasping of wrong view), *sīlabbatupādāna* (strong grasping of behaviour (*sīla*) and practice (*vata*) as the means of purification), *attavādupādāna* (strong grasping of the doctrine of *atta*). Herein, *kāmupādāna* alone belongs to craving, while the others belong to wrong view.

Herein, *taṇhā* conditions *upādāna*, because without craving, grasping does not arise.

## Upādānapaccayā Bhavo

Upādāna and Bhava: Herein, the strong craving and wrong view are called upādāna.

Bhava is twofold: kamma-bhava (kamma that creates life-existence), upapattibhava (5 aggregates that are produced by kamma). There are 9 upapattibhavas: kāmabhava (aggregates that belong to kāma plane), rūpabhava (aggregates that belong to rūpa plane), arūpabhava (aggregates that belong to arūpa plane), saññābhava (aggregates of those who have saññā), asaññābhava (aggregates of those who have no saññā), nevasaññā-nāsaññā-bhava (aggregates of those who have no gross saññā, but subtle saññā), ekavokārabhava (those who have one aggregate), catuvokārabhava (those who have 4 aggregates), pañcavokārabhava (those who have 5 aggregates).

Herein, *upādāna* conditions *bhava*, because grasping causes desire for life existence. Therefore, *kamma* accumulates within beings and, through *kamma* they obtain life existence.

## Bhavapaccayā Jāti

Bhava: Here bhava belongs to only kamma-bhava, because kammabhava alone conditions jāti.

Jāti. Jāti is just arising of viññāṇa, etc.

Herein, *bhava* conditions *jāti*, because without *kamma*, *viññāṇa*, etc. cannot arise. *Kamma* is like soil, *viññāṇa* is like seed, craving is like water.

## Jātipaccayā Jarāmaraṇaṃ

*Jāti* conditions aging and death, because without birth, aging and death are impossible. Herein, *jarā* is decay of the aggregates. *Maraṇa* is dissolution of the aggregates.

As a result of birth, soka (worry), parideva (lamentation), dukkha (physical pain), domanassa (mental pain), upāyāsa (despair) come into being. Therein, soka is unpleasant feeling that is caused by loss of relations, etc. Parideva is mind-born distorted sound that is produced by unhappiness due to loss of relations, etc. Dukkha is physical pain associated with kāyaviññāṇa citta, the result of akusala. Domanassa is mental pain associated with dosamūla citta. Upāyāsa is dosa associated with dosamūla citta.

## Classification of Paticcasamuppāda

#### 12 Factors

Paţiccasamuppāda is composed of 12 factors. They are as follows: avijjā, saṅkhāra, viññāṇa, nāma-rūpa, saḷāyatana, phassa, vedanā, tanhā, upādāna, bhava, jāti, and jarā-maraṇa.

#### 3 Periods

The 12 factors of *Paṭiccasamuppāda* are divided into 3 dealing with the 3 periods: past, present, and future. Two factors, *avijjā* and *saṅkhāra*, belong to the past. Two factors, *jāti* and *jarā-maraṇa*, belong to the future. The remaining 8 factors, *viñññāṇa... upādāna*, belong to the present.

#### 3 Vattas

The 12 factors are classified into 3 vaṭṭas (rounds): kilesa-vaṭṭa, kamma-vaṭṭa, and vipāka-vaṭṭa. Three factors: avijjā, taṇhā and upādāna, belong to kilesa-vaṭṭa. One factor and half, saṅkhāra and kamma-bhava (a part of bhava), belong to kamma-vaṭṭa. The remaining 8 factors and half, viññāṇa, nāma-rūpa, saḷāyatana, phassa, vedanā, upapattibhava (a part of bhava), jāti, jarā-maraṇa, belong to vipāka-vaṭṭa.

#### 3 Links

The 12 factors have 3 links: the first link is between *saṅkhāra* and *viññāṇa* as cause and effect. The second is between *vedanā* and *taṇhā* as effect and cause. The third is between *bhava* and *jāti* as cause and effect.

## 4 Groups

In *Paţiccasamuppāda* there are 4 groups. They are (1) 5 causes in the past, (2) 5 effects in the present, (3) 5 causes in the present, and (4) 5 effects in the future.

#### 20 Modes

In those 4 groups, there are 20 factors to be enumerated:

- (1) The 5 causes in the past are avijjā, sankhāra, taṇhā, upādāna, and kamma-bhava.
- (2) The 5 effects in the present are *viññāṇa, nāma-rūpa,* saļāyatana, phassa, and vedanā.
- (3) The 5 causes in the present are taṇhā, upādāna, kamma-bhava, avijjā, and saṅkhāra.
- (4) The 5 effects in the future are *viññāṇa, nāma-rūpa,* saļāyatana, phassa, and vedanā.

#### 2 Roots

There are 2 roots in *Paţiccasamuppāda*: they are *avijjā* and *taṇhā*. By destroying these two roots, the rounds (*vaṭṭa*) cease.

## Bhavacakka (the cycle of Life)

The wheel of life is based on the two roots, avijjā, and taṇhā. It moves on in three planes starting with avijjā ending in jarāmaraṇa. When jarā-maraṇa overwhelm beings, āsavas flow into them. These āsavas cause avijjā to arise that leads to saṅkhāra. Then the wheel of life moves on. It is very long and its beginning is unknown. The wheel of life is known as Paṭiccasamuppāda.

## 2. The Way of Patthana

Paṭṭhāna means a condition which is the source of phenomena. A Canonical text in which such conditions are explained is also called Paṭṭhāna.

In the Patthana treatise, there are 3 main points:

- (1) paccaya = conditioning state,
- (2) paccayuppanna = conditioned state,
- (3) paccayasatti = conditioning force.

*Paccaya*. There are 5 things in *paccaya* as the 4 ultimate realities and 1 concept.

*Paccayuppanna*: In *paccayuppanna* there are only 3 ultimate realities as *citta, cetasika* and *rūpa*.

Paccaya		Рассауирраппа	
1	consciousness	1	consciousness
2	mental state	2	mental state
3	matter	3	matter
4	Nibbāna		
5	Paññatti		

*Paccayasatti*: There are 24 conditions, each of which has conditioning force. It is the particular way in which the conditioning states perform their functions.

#### 24 Conditions

- Hetupaccayo is a condition that fortifies its conditioned state.
- (2) Ārammaṇapaccayo is a condition that is an object of the conditioned state.
- (3) Adhipatipaccayo is a condition that predominates over its conditioned state.
- (4) *Anantarapaccyao* is a condition that precedes its conditioned state without interval.
- (5) *Samanantarapaccayo* is a condition that just precedes its conditioned state without interval.
- (6) Sahajātapaccayo is a condition born together with its conditioned state.
- (7) *Aññamaññapaccayo* is a condition that reciprocates with its conditioned state.
- (8) *Nissayapaccayo* is a condition that supports as a dependence of its conditioned state.
- (9) *Upanissayapaccayo* is a condition that strongly supports as a dependence of its conditioned state.
- (10) Purejātapaccayo is a condition born earlier than its conditioned state.
- (11) *Pacchājātapaccayo* is a condition born later than its conditioned state.
- (12) *Asevana paccayo* is a repeating condition for the arising of its conditioned state.
- (13) *Kamma paccayo* is a condition that produces and stimulates its conditioned state.
- (14) *Vipākapaccayo* is a resultant condition that quietens its conditioned state.
- (15) Āhārapaccayo is a condition that sustains its conditioned state.

- (16) *Indriyapaccayo* is a condition that controls its conditioned states in their functions.
- (17) *Jhānapaccayo* is a condition that makes its conditioned state observe an object
- (18) *Maggapaccayo* is a condition acting as the path of its conditioned state.
- (19) *Sampayuttapaccayo* is a condition associating with the conditioned state.
- (20) *Vippayuttapaccayo* is a condition dissociating from the conditioned state.
- (21) *Atthipaccayo* is a condition for the conditioned states at the moment of existence.
- (22) *Natthipaccayo* is a condition for the conditioned states at moment of non-existence.
- (23) *Vigatapaccayo* is a condition for the conditioned states after having ceased.
- (24) *Avigatapaccayo* is a condition for the conditioned states before it ceases.

## 9 Groups of Conditions

In the *Paṭṭḥāna* there are 24 conditions through which the Buddha explains the Law of Causality. By way of particularity, if the conditions are divided into 9 groups, the conditions will total 49. They run as follows:

(1) Ārammaṇa	8
(2) Sahajāta	15
(3) Anantara	7
(4) Purejāta	6
(5) Pacchājāta	4
(6) Āhāra	3
(7) Indriya	3
(8) Pakatūpanissaya	2
(9) Kamma	1

## 8 Conditions in Ārammaņa group

There are 8 conditions that participate in the ārammaṇa group.

- 1. Ārammaņa
- 2. Adhipati (Ārammaṇa)
- 3. Nissaya (Purejāta)
- 4. Upanissaya (Ārammaṇa)
- 5. Purejāta (Ārammaṇa)
- 6. Vippayutta (Purejāta)
- 7. Atthi (Purejāta)
- 8. Avigata (Purejāta)

### 15 Conditions in Sahajāta group

There are 15 conditions that participate in the *sahajāta* group. The 15 are divided into 3 - big, medium and small.

The big conditions are 4. They cover all conditions in the 15 *sahajāta* groups:

- 1. Sahajāta
- 2. Nissaya
- 3. Atthi
- 4. Avigata

The medium are also 4. They cover some of the conditions in the *sahajāta* groups:

- 5. Aññamañña
- 6. Vipāka
- 7. Sampayutta
- 8. Vipayutta

But the small are 7. They are particular:

- 9. Hetu
- 10. Adhipati
- 11. Āhāra

- 12. Kamma
- 13. Indriya
- 14. Jhāna
- 15. Magga

## 7 Conditions in Anantara group

There are 7 conditions that participate in the *anantara* group.

- 1. Anantara
- 2. Samanantara
- 3. *Upanissaya*
- 4. Asevana
- 5. Kamma
- 6. Natthi
- 7. Vigata

### 6 Conditions in Purejāta group

There are 6 conditions that participate in the *purejāta* group.

- 1. Purejāta (Vatthu)
- 2. Nissaya
- 3. Indriya
- 4. Vippayutta
- 5. Atthi
- 6. Avigata

## 4 Conditions in Pacchājāta group

There are 4 conditions that participate in the *pacchājāta* group.

- 1. Pacchājāta
- 2. Vippayutta
- 3. Atthi
- 4. Avigata

## 3 Conditions in Ahāra group

There are 3 conditions that participate in the āhāra group.

- 1. Āhāra (Rūpa)
- 2. Atthi
- 3. Avigata

## 3 Conditions in Indriya group

There are 3 conditions that participate in the *indriya* group.

- 1. Indriya (Rūpajīvita)
- 2. Atthi
- 3. Avigata

## 2 Conditions in Pakatūpanissaya group

There are 2 conditions that participate in the *pakatūpanissaya* group.

- 1. Upanissaya
- 2. Kamma

## 1 Condition in the particular Kamma:

1. Kamma (Nānākkhaṇika)

## 7 Ways of Relation

The 24 conditions are divided into 7 by way of relation between the conditioning states and the conditioned states. The ways of relation run as follows:

Way of Relations	Conditions
(1) Mind to mind	6
(2) Mind to matter 30 25	1
(3) Mind to mind-matter gos gor/go	5
(4) Matter to matter	1
(5) Matter to mind	1
(6) Mind-matter to mind-matter & las - &	9
(7) Mind-matter, Nibbāna and Paññatti to mind	2

(ause effect

There are 6 conditions through which mind (*citta* and *cetasika*) relates to another mind (*citta* and *cetasika*).

conditioned and conditioning state.

25

- 1. Anantara
- 2. Samanantara
- 3. Āsevana
- 4. Sampayutta
- 5. Natthi
- 6. Vigata

## (2) Mind to matter



There is only one condition, *Pacchājāta*, through which mind relates to matter.

#### (3) Mind to mind and matter

There are 5 conditions through which mind relates to mind and matter.

- 1. Hetu
- 2. Jhāna

- 3. Magga
- 4. Kamma

5. Vipāka Phinical life\_s

(4) Matter to matter of 5 → 96. Physical life

There is only one condition, Indriya (rūpa-jīvitindriya), through which matter relates to another matter.

(5) Matter to mind

gos gon margu.

There is only one condition, Purejāta, through which matter Bom earlier than. relates to mind. 469000

(6) Mind and matter to mind and matter

There are 9 conditions through which mind and matter relates to mind and matter.

- 1. Adhipati
- 2. Sahajāta
- Aññamañña
- 4. Nissaya
- Āhāra
- 6. Indriya
- 7. Vipayutta
- 8. Atthi
- 9. Avigata

(7) Mind and matter, Nibbāna and Paññatti to mind

There are 2 conditions through which mind, matter, Nibbana and *Paññatti* relate to mind.

- 1. Ārammana
- 2. Upanissaya

http://www.dhammadownload.com How to relate between Padcaya and Paccayupanna like not of atree. 1. Hetu paccayo (>> voor or) Mind to mind and matter gol sonsor Paccaya. 6 Hetus: 6000 206. - ensus & gol (1) Craving Gara (2) Hatred och son (3) Delusion 600 00. & good 21 (4) Non-craving (5) Non-hatred 268/20 " you got on the ren. (6) Non-delusion いかい. Paccayuppanna. 86 (1) 71 cittas with hetu (except 18 ahetuka cittas) and 51 cetasikas (except delusion associated with moha mūla); (2) Matter born of mind with hetu; (3) Kamma-born matter at the moment of consciousness with hetu. Myang 5 2. Ārammaņa paccayo (mayson) Mind, matter, Nibbāna and Paññatti to mind asson was don Paccaya: 6 objects (form, sound, smell, taste, tangibility and other dhammas). Ory Smoell obj Paccayuppanna: 89 cittas and 52 cetasikas. 3. Adhipati paccayo Mind, matter and Nibbana to mind (A) Adhipati (Sahajāta) Mind to mind and matter Con no go ang - co 74

Paccaya: one of the four predominances: chanda, vīriya, citta and vīmamsa.

Paccayupanna.

(1) 52 javana cittas with adhipati and 51 cetasikas (except vicikicchā),

(2) matter born of mind with adhipati.

(B) Adhipati (Ārammaṇa)

Paccaya: 76 mundane cittas (excluding 2 dosamūlas, 2 ത<sup>്ര</sup> mohamūlas and 1 *dukkha kāyaviññāṇa*), 47 *cetasika*s (excluding 5: dosa, issā, macchariya, kukkucca and vicikicchā), and 18 desirable *nipphanna* matter.

Duduce po 4182150 ming 200 0

Paccayuppanna: 8 lobhamūla cittas and 22 cetasikas.

endrica - with com (B)

n- 80 .- 29 Paccaya: 17 mundane kusala cittas. 21= 0+9+4

Paccayuppanna. 8 mahākusala cittas and 33 cetasikas (excluding 5: 3 virațis, 2 appamaññās). 898 is not kusala

object-is zagon

Paccaya. 8 lokuttara cittas and Nibbāna.

Paccayuppanna: 8 ñāṇasampayutta cittas: 4 kusalas and 4 kiriyas, and 33 cetasikas (excluding 5: 3 viratis, 2 appamaññās).

(D)

Paccaya: Nibbāna

Paccayuppanna: 8 lokuttara cittas and 36 cetasikas.

most: of most make on of.

# 4. Anantara/ 5. Samanantarapaccayo Mind to mind

Paccaya. 89 cittas and 52 cetasikas that precede.

Paccayuppanna. 89 cittas and 52 cetasikas that follow.

#### 6. Sahajāta paccayo

#### (A) Mind to mind-matter

Paccaya. 89 cittas and 52 cetasikas.

#### Paccayuppanna:

- (1) 89 cittas, and 52 cetasikas,
- (2) mind-born matter,
- (3) kamma-born matter at rebirth-moment.

#### (B) Matter to matter

Paccaya: 4 mahābhūtas.

Paccayuppanna: 4 mahābhūtas and 24 upādā rūpas.

#### (C) Mind to matter and vice versa

*Paccaya*: 15 rebirth minds of those who have 5 aggregates or heart-base at the moment of rebirth.

*Paccayuppanna*: heart-base at the moment of rebirth or 15 rebirth minds of those who have 5 aggregates.

# 7. Aññamañña paccayo (A) Mind to mind

Paccaya. 89 cittas and 52 cetasikas.

Paccayuppanna. 89 cittas and 52 cetasikas.

#### (B) Matter to matter

Paccaya. 4 mahābhūtas.

Paccayuppanna. 4 mahābhūtas.

## (C) Mind to matter and vice versa

*Paccaya*. 15 rebirth minds of those who have 5 aggregates or heart-base at the moment of rebirth.

*Paccayuppanna*: heart-base at the moment of rebirth or 15 rebirth minds of those who have 5 aggregates.

## 8. Nissaya paccayo

(A) Sahajāta Nissaya

The sahajāta nissaya is similar to sahajāta.

#### (B) Purejāta Nissaya

The purejāta nissaya is similar to vatthu purejāta.

### 9. Upanissaya paccayo

# (A) *Upanissaya (Ārammaṇa)*Mind, matter, Nibbāna to mind

The upanissaya (ārammaṇa) is similar to ārammaṇa adhipati.

# (B) *Upanissaya (anantara)*Mind to mind

The upanissaya (anantara) is similar to anantara.

### (C) Upanissaya (pakata) Mind and Paññatti to mind

Paccaya. 89 cittas, 52 cetasikas and paññatti, that are strong and preceded.

Paccayuppanna: the 89 cittas and 52 cetasikas that follow.

## 10. Purejāta paccayo

# (A) *Purejāta (Ārammaṇa)*Matter to mind

Paccaya. 18 nipphanna matters as object.

Paccayuppanna: 54 kāma cittas, 2 abhiññās, and 50 cetasikas (excluding 2 appamaññas).

# (B) *Purejāta (vatthu)*Matter to mind

Paccaya: 6 base matters.

Paccayuppanna: 85 cittas (except 4 arūpa vipākas) and 52 cetasikas.

## 11. Pacchājāta paccayo

## Mind to matter

*Paccaya*: The following 85 *citta*s (excluding 4 *arūpa vipāka*s) and 52 *cetasika*s.

Paccayuppanna: matters that arise together with preceding minds.

## 12. *Āsevana paccayo*

#### Mind to mind

Paccaya. 47 preceding mundane javana cittas and 52 cetasikas.

Paccayuppanna: 51 following Javana cittas (excluding 4 phala cittas) and 52 cetasikas.

### 13. Kamma paccayo

#### Mind to mind and matter

## (A) Kamma (Nānākkhaṇika)

Paccaya: 33 cetanās associated with kusala and akusala.

Paccayuppanna. 36 vipāka cittas, 38 cetasikas and kamma-born matter.

#### (B) Kamma (Sahajāta) Mind to mind and matter

Paccaya: all cetanā.

#### Paccayuppanna.

- (1) 89 cittas and 51 cetasikas (excluding cetanā),
- (2) mind-born matter,
- (3) kamma-born matter at the moment of rebirth.

## 14. Vipāka paccayo

#### Mind to mind and matter

Paccaya. 36 resultant cittas and 38 cetasikas.

### Paccayuppanna.

- (1) 36 resultant cittas and 38 cetasikas,
- (2) mind-born matter,
- (3) *kamma*-born matter at the moment of rebirth.

## 15. Āhāra paccayo

## (A) Āhāra (Rūpa)

#### Matter to matter

Paccaya. ojā

Paccayuppanna: nutriment-born matter, or matters born of 4 conditions (kamma, citta, utu, āhāra).

## (B) Āhāra (Nāma)

#### Mind to mind and matter

Paccaya: phassa, cetanā and viññāṇa.

#### Paccayuppanna.

- (1)89 cittas and 52 cetasikas,
- (2) mind-born matter,
- (3) kamma-born matter at the moment of rebirth.

## 16. Indriya paccayo

#### (A) Indriya (Sahajāta)

#### Mind to mind and matter

Paccaya: citta, jīvita, vedanā, saddhā, vīriya, sati, ekaggatā and paññā (8).

#### Paccayuppanna.

- (1) 89 cittas, 52 cetasikas,
- (2) mind-born matter,
- (3) kamma-born matter at the moment of rebirth.

## (B) Indriya (Purejāta)

Matter to mind

*Paccaya*: eye, ear, nose, tongue and body. *Paccayuppanna*: 10 *viññāṇa*s and 7 *cetasika*s.

# (C) *Indriya (Rūpajīvita)*Matter to matter

Paccaya: material jīvita.

Paccayuppanna. 9 kamma-born matters in the same group.

## 17. Jhāna paccayo

#### Mind to mind and matter

Paccaya: 5 jhāna-factors: vitakka, vicāra, pīti, vedanā, and ekaggatā.

#### Рассауирраппа.

- (1) 79 cittas (excluding 10 viññāṇa cittas), 52 cetasikas,
- (2) mind-born matter,
- (3) kamma-born matter at the moment of rebirth.

## 18. Magga paccayo

#### Mind to mind and matter

Paccaya: 9 path-factors: paññā, vitakka, virati 3, vīriya, sati, ekaggatā, and ditthi.

#### Paccayuppanna:

- (1) 71 cittas with hetu, 52 cetasikas;
- (2) mind-born matter,
- (3) kamma-born matter at the moment of rebirth.

### 19. Sampayutta paccayo

#### Mind to mind

Paccaya. 89 cittas and 52 cetasikas.

Paccayuppana: 89 cittas and 52 cetasikas.

### 20. Vippayutta paccayo

### (A) Vippayutta (Sahajāta)

#### Mind and matter to mind and matter

#### Paccaya.

- (1) 75 cittas that can produce matter and 52 cetasikas;
- (2) 15 rebirth minds of those who have 5 aggregates or heart-base.

#### Paccayuppanna:

- (1) mind-born matter,
- (2) kamma-born at the moment of rebirth,
- (3) heart-base or 15 rebirth minds of those who have 5 aggregates.

## (B) Vippayutta (Purejāta)

It is similar to purejāta.

### (C) Vippayutta (Pacchājāta)

It is similar to pacchājāta.

## 21. Atthi paccayo

It is similar to sahajāta, purejāta, pacchājāta, āhāra and indriya.

#### 22. Natthi paccayo

It is similar to anantara, etc.

### 23. Vigata paccayo

It is similar to anantara, etc.

#### 24. Avigata paccayo

It is similar to sahajāta, purejāta, pacchājāta, āhāra and indriya.

## Analysis of Concepts

There are 2 *dhamma*s which are explained in *Abhidhamma* as a topic. The 2 *dhamma*s are *paramattha* and *paññatti*. The *paramattha*s are *citta*, *cetasika*, *rupa* and *nibbāna*. The remaining *dhamma*s are *paññatti*, concepts which are twofold: concept as that which is made known (*atthapaññatti*), and concept as that which makes known (*saddapaññatti*).

## Concept as What is Made Known

### Atthapaññatti

Concept as what is made known can be analysed as follows:

- 1. Formal concepts (*saṇṭhānapaññatti*) correspond to the form or configuration of particular things. For example, land, mountains, etc.
- 2. Collective concepts (samūhapaññatti) correspond to a collection or group of particular things. Examples are house, chariot, village, etc.
- 3. Local concepts (*disāpaññatti*) correspond to a locality or direction. Examples are east, west, etc.
- 4. Temporal concepts (*kālapaññatti*) correspond to periods or units of time. For example, morning, noon, week, month, etc.
- 5. **Spatial concepts** (ākāsapaññatti) correspond to spatial regions void of perceptible matter. Examples are well, cave, etc.
- 6. Sign concepts (*nimittapaññatti*) correspond to mental signs gained by meditative development. For example, kasina signs, etc, which are the objects of samatha meditation.

## Concept as What Makes Known

#### Saddapaññatti

A concept as what makes known is described as name, nomenclature, etc. It is six-fold:

- 1. A concept of the real (*vijjamānapaññatti*), for example, matter, feeling, etc. They are real in the ultimate sense.
- 2. A concept of the unreal (*avijjamānapaññatti*), for example, land, mountain, etc. They are unreal in the ultimate sense.
- 3. A concept of the unreal with the real (*vijjamānena avijjamānapaññatti*), for example, a possessor of 6 types of higher knowledges, herein, possessor is not the real but the 6 types of higher knowledges is the real in the ultimate sense.
- 4. A concept of the real with the unreal (*avijjamānena vijjamānapaññatti*), for example, woman's sound. Herein, woman is not real but the sound is real in the ultimate sense.
- 5. A concept of the real with the real (*vijjamānena vijjamānapaññatti*), for example, eye-consciousness. Herein, eye is real and the consciousness is also real in the ultimate sense.
- 6. A concept of the unreal with the unreal (*avijjamānena avijjamānapaññatti*), for example, the king's son. Herein, king is unreal and the son is also unreal in the ultimate sense.

### Conclusion

These concepts can be understood according to general consensus. On hearing the sound of speech, there arises first the process of ear-consciousness. Then a mental process in the mind-door arises, recalling the past sound. Subsequently, another mental process follows it, catching the sound of the word. Then, another mental process in the mind-door arises, understanding the meaning of the word. This meaning can be understood according to earlier general consensus.

The End of Chapter 7

#### **CHAPTER 8**

## KAMMAŢŢĦĀNA SAŃGAĦA Meditation Subject

## (1) Bhāvanā

Bhāvanā means development. It is divided into two: Samatha bhāvanā and Vipassanā bhāvanā.

1. Samathabhāvanā - a technique of mental development

that leads to mental tranquility,

2. *Vipassanābhāvanā* - a technique of mental development that leads to special contemplation of, and detachment from conditioned things.

To attain these two mental developments, one must work with meditation objects. That meditation object is termed in *Pāļi kammaṭṭhāna*.

## Kammaţţhāna

Kammaṭṭhāna means meditation object with which a meditation practice runs. It is divided into two: Samatha kammaṭṭhāna and Vipassanā kammaṭṭhāna.

- 1. Samathakammaṭṭhāna meditation object for Samatha,
- 2. Vipassanākammaṭṭhāna meditation object for Vipassanā.

## (1) Samatha

Objects for *Samatha*: The meditation objects for *Samatha* are mentioned in 7 categories:

- 1. Kasina kasina device as meditation object,
- 2. Asubha foulness as meditation object,
- 3. Anussati recollection as meditation object,
- 4. Appamaññā- limitless beings as meditation object,
- 5. Saññā a special mental notion as meditation object,
- 6. Vavatthāna analysis of elements as meditation object,
- 7. Āruppa objects for Arūpa jhāna as meditation object.

#### 10 Kasina

The meditation object, Kasiņa, is enumerated into 10:

- (1) Pathavī kasiņa Earth as a kasiņa,
- (2) Āpo kasiņa Water as a kasiņa,
- (3) Tejo kasiṇa Fire as a kasiṇa,
- (4) Vāyo kasiņa Air as a kasiņa,
- (5) Nīla kasiņa Blue colour as a kasiņa,
- (6) Pīta kasiņa Yellow colour as a kasiņa,
- (7) Lohita kasiṇa Red colour as a kasiṇa,
- (8) Odāta kasiņa White colour as a kasiņa,
- (9) Ākāsa kasiņa Space as a kasiņa,
- (10) Āloka kasiņa Light as a kasiņa.

Herein, the first 4 are the element *kasiṇa*s; while the second 4 are the colour *kasiṇa*s. *Kasiṇa* literally means entirety or wholeness. A meditator must be watchful on the entire object with which he works.

#### Asubha

Asubha means foulness. It is enumerated into 10 as follows:

- (1) Uddhumātaka repulsive bloated corpse,
- (2) Vinīlaka repulsive livid corpse,
- (3) Vipubbaka repulsive festering corpse,
- (4) Vicchiddaka repulsive dismembered corpse,
- (5) Vikkhāyitaka repulsive eaten corpse,
- (6) Vikkhittaka repulsive scattered-in-pieces corpse,
- (7) Hatavikkhittaka repulsive mutilated and scattered-inpieces corpse,
- (8) Lohitaka repulsive bloody corpse,
- (9) Puļuvaka repulsive worm-infested corpse,
- (10) Atthika repulsive skeleton.

#### Anussati

Anussati means recollection. It is enumerated into 10 as follows:

- (1) *Buddhānussati* recollection of the qualities of the *Buddha*,
- (2) *Dhammānussati* recollection of the qualities of the *Dhamma*,
- (3) Sanghānussati recollection of the qualities of the Sangha,
- (4) Sīlānussati recollection of morality,
- (5) Cāgānussati recollection of generosity,
- (6) Devatānussati recollection of the virtues of deities,
- (7) *Upasamānussati* recollection of the peaceful state of nibbāna.
- (8) Maraṇānussati recollection of the nature of death,
- (9) Kāyagatāsati mindfulness of the body,
- (10) Ānāpānassati mindfulness of breathing-in and breathing-out.

## Appamaññā

 $Appama\tilde{n}\tilde{n}\tilde{a}$  means limitless objects. It is enumerated into 4 as follows:

- (1) Mettā loving kindness to limitless beings,
- (2) Karuṇā- compassion to limitless suffering beings,
- (3) Muditā- appreciative joy to limitless blissful beings,
- (4) Upekkhā equanimity to limitless beings.

These four mental states are called 'limitless' because they are to be radiated towards all sentient beings without limit. They are also called 'Noble Abode' (*brahmavihāra*), because such a dwelling is noble, or they are the dwelling of Noble persons.

#### Saññā

 $Sa\tilde{n}\tilde{n}\tilde{a}$  means perception; it is a perception of repulsiveness of conditions in food ( $\tilde{A}h\tilde{a}re\ patik\tilde{u}la\ sa\tilde{n}\tilde{n}\tilde{a}$ ).

## Vavatthāna

Vavaṭṭhāna means analysis; it is an analysis of four elements in the body as Earth element, Water element, Fire element and Air element.

## Āruppa

The objects of  $Ar\bar{u}pa$   $jh\bar{a}na$  are called  $\bar{A}ruppa$ . There are 4 objects of  $Ar\bar{u}pa$   $jh\bar{a}na$ : infinite space, first  $ar\bar{u}pa$  citta, nothingness of first  $ar\bar{u}pa$  citta and third  $ar\bar{u}pa$  citta.

### 40 Meditation objects and their Final Attainment

Regarding *Samatha* meditation, there are 40 meditation objects, which are enumerated into 7 categories. Among the 40 meditation objects, 10 (that is, 8 *Anussati* objects except *Kāyagatāsati* and *Ānāpānassati*, *Saññā* and *Vavaṭṭhāna*) lead to *Upacāra* only. With these objects, a meditator cannot attain the Appanā: *jhāna*, *magga* and *phala*. The other 30 objects lead to *Appanā*.

## Meditation Objects and Temperaments

#### 6 Temperaments:

There are 6 Temperaments (*cariyã*) by which a practitioner should choose his meditation object.

- (1) Rāga cariyā Lustful temperament,
- (2) Dosa cariyā Hateful temperament,
- (3) Moha cariyā Ignorant temperament,
- (4) Saddhā cariyā Faithful temperament,
- (5) Buddhi cariyā Intellectual temperament,
- (6) Vitakka cariyā Thoughtful temperament.

Regarding temperaments, there are 6 persons with individual temperament. According to the persons, those 40 meditation objects should be classified thus:

- (1) For a person who has a **Lustful temperament**, these 11 meditation objects are more suitable: the 10 Impurities (Asubha) and Mindfulness on the body (Kāyagatāsati).
- (2) For a person who has **Hateful temperament**, these 8 meditation objects are more suitable: the 4 Illimitables (*Appamaññā*), and the 4 colour *Kasiṇa*s.
- (3) For a person who has **Ignorant temperament** or **Thoughtful temperament**, one meditation object,  $\bar{A}n\bar{a}p\bar{a}nassati$ , is more suitable.

- (4) For a person who has Faithful temperament, these meditation objects are more suitable: Reflection on the *Buddha, Dhamma, Saṅgha, Sīla, Cāga* and Deities.
- (5) For a person who has Intellectual temperament, these 4 meditation subjects are more suitable: Recollection on Death, Recollection on Peace, the perception of Repulsiveness in food, and Analysis of 4 Elements.
- (6) The remaining 14 meditation subjects, namely 10 *Kasiṇa*s and 4  $\bar{A}$ ruppas, are suitable for all.

It should be noted that in making the Kasiṇa device, a wide one is more suitable for a person with ignorant temperament and a small one for a thoughtful person.

## The 3 Stages of Mental Culture

There are 3 stages of mental culture. They are:

- 1. Parikamma bhāvanā the Preliminary,
- 2. Upacāra bhāvanā the Access, and
- 3. Appanā bhāvanā the Absorption.

All the meditation objects deal with the Preliminary stage of mental culture. But regarding these 10 meditation objects: the 8 Recollections beginning with the recollection on the Buddha, etc., one Perception, and one Analysis; the 2 stages of mental culture are attained: the Preliminary, and the Access. In the 30 remaining meditation objects, all the 3 stages of mental culture are attained.

Meditation object	Stage of Mental Culture
8 M.O.	2 M.C.
30 M.O.	3 M.C.

M.O. - Meditation object

M.C. - Mental culture

## Objects for Jhāna

*Rūpa jhāna*s can be attained with 26 meditation objects that are the Concept objects (*Paññatti*). They are classified according to *Jhāna* stages.

- 1. For the attainment of the 1<sup>st</sup> *Jhāna*, there are 25 meditation objects: 10 *Kasiṇa*s, 10 *Asubha*s, 1 *Ānāpāna*, 1 *Kāyagatāsati*, 3 limitless being objects of *Mettā*, *Karuṇā* and *Muditā*. Of them, the 11 objects 10 *Asubha*s and 1 *Ānāpāna* can be the object of only the 1<sup>st</sup> *Jhāna*.
- 2. For the attainment of the 3 *Jhāna*s 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup>, there are 14 meditation objects namely, 10 *Kasiṇa*s, 1 *Ānāpāna*, 3 limitless being objects of *Mettā*, *Karuṇā* and *Muditā*.
- 3. For the attainment of the 5<sup>th</sup> *Jhāna*, there are 12 meditation objects namely, 10 *Kasiṇas*, 1 *Ānāpāna* and 1 limitless being object of *Upekkhā*.

For the attainment of the 4 *Arūpa jhānas*, there are 4 meditation objects: the infinite space, the 1<sup>st</sup> *Āruppa viññāṇa*, the nothingness of the 1<sup>st</sup> *Āruppa viññāṇa* and the 3<sup>rd</sup> *Āruppa viññāṇa*. Of them, the 1<sup>st</sup> and the 3<sup>rd</sup> are Concept objects and the 2 remaining objects are Sublime objects.

Meditation object	Jhāna attainment
11 M.O.	1 <sup>st</sup> Jhāna
14 M.O.	4 <i>Jhānas</i> (1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , and 4 <sup>th</sup> )
12 M.O.	5 <sup>th</sup> <i>Jhāna</i>
Infinite Space	1 <sup>st</sup> Āruppa
1 <sup>st</sup> <i>Viññāṇa</i>	2 <sup>nd</sup> Āruppa
Nothingness	3 <sup>rd</sup> Āruppa
3 <sup>rd</sup> <i>Viññāṇa</i>	4 <sup>th</sup> Āruppa

## Signs of Mental Culture

There are 3 Signs of mental culture in the practice of *Samatha* Meditation. They are:

1. Parikamma-nimitta

3. *Paṭibhāga-nimitta* 

- the preliminary sign,

2. Uggaha-nimitta

the abstract sign, andthe resembled sign.

The 40 meditation objects are all possible to appear as the preliminary sign (*Parikamma-nimitta*), and the abstract sign (*uggaha-nimitta*). But only 22 meditation objects appear as the resembled sign (*paṭibhāga-nimitta*): 10 *Kasiṇa*s, 10 *Asubha*s, 1 *Kāyagatāsati* and 1Ānāpāna.

#### Parikamma-nimitta

The Preliminary sign is an object that is obtained by a practitioner at the first stage.

### Uggaha-nimitta

The Abstract sign is an object that is obtained by the mind, as if being seen with the eye.

#### Patibhāga-nimitta

The Resembled sign is an imaginary concept object born of meditation. Depending on the Resembled sign, a practitioner establishes the Access concentration (*upacārasamādhī*) and the Absorption concentration (*appanāsamādhī*).

### Nimitta and Bhāvanā

The Preliminary mental culture works with the Preliminary sign and the Abstract sign. When the Abstract sign appears, a practitioner establishes the Preliminary concentration (*Parikamma-samādhi*).

By means of the Preliminary concentration, there appears the Resembled sign. Since the appearance of the Resembled sign, the concentration becomes free from obstacles and it approaches to the *Jhāna* stage.

Nimitta	Bhāvanā	
Parikamma	B 3	
Uggaha	Parikamma	
Datile le Zana	Upacāra	
Paṭibhāga	Appanā	

#### Attainment of *Ihānas*

The meditation object changes into the Resembled sign by means of concentration. The concentration on the Resembled sign removes the mental hindrances. When the concentration on the Resembled sign is strong enough, the practitioner attains the 1<sup>st</sup> *Jhāna* stage.

Note: M.O. = One of the 22 Meditation objects.

R.S. = Resembled Sign.

The Process of Jhāna Attainment: B B M P U A G Jh B

Note: B = Bhavanga (Life-principle)

P = Parikamma (Preliminary)

U = Upacāra (Access)

A = Anuloma (Conformity)

 $G = Gotrabh\bar{u}$  (Birth or New lineage)

Jh =  $Ih\bar{a}na$  attainment.

Having attained the 1<sup>st</sup> *Jhāna*, a practitioner tries to master it by means of the following 5 kinds of mastery:

Attention (*āvajjana*), Attainment (*samāpajjana*), Resolution (adiṭṭḥāna), Withdrawing (Vuṭṭḥāna), Reviewing (paccavekkhaṇā)

Then, he strives to remove the successive gross *Jhāna* factors, such as *vitakka*, etc., and to arouse the successive subtle *Jhāna* factors, such as *vicāra*, etc. Thus, he attains the 2<sup>nd</sup> *Jhāna*, 3<sup>rd</sup> *Jhāna* and so on, in due sequence according to his ability.

## Attainment of Jhāna without Resembled sign

The 8 remaining meditation objects - the 4 limitless being objects of *Appamaññā* and the 4 *Arūpa jhāna* objects - do not change into the Resembled sign. But depending on the 4 limitless being objects, a practitioner can attain *Rūpa jhānas* accordingly.

After the attainment of the 5<sup>th</sup> *Rūpa jhāna*, a practitioner who wants to attain *Arūpa jhāna* needs to change his meditation object. Any *Kasiṇa*, except the *Space Kasiṇa*, which is the object of 5<sup>th</sup> *Rūpa jhāna*, must be removed without attention. Then a space remains instead of the removed *Kasiṇa*. This space is called *Infinite space*. If a practitioner works with the *Infinite Space* contemplating as *infinite space*, he attains the 1<sup>st</sup> *Arūpa jhāna*.

Then, he moves to the 1<sup>st</sup>  $Ar\bar{u}pa$   $vi\bar{n}\bar{n}\bar{a}na$  as meditation object and contemplates it as *infinite*, and so he attains the 2<sup>nd</sup>  $Ar\bar{u}pa$   $jh\bar{a}na$ .

As he contemplates the absence of the  $1^{st}$  *Arūpa viññaṇa* as "nothing exists", he attains the  $3^{rd}$  *Arūpa jhāna*.

Then, as he moves his object to the  $3^{rd}$   $Ar\bar{u}pa$   $vi\tilde{n}\bar{n}\bar{a}na$  and contemplates it as "it is peaceful, it is sublime", he attains the  $4^{th}$   $Ar\bar{u}pa$   $jh\bar{a}na$ .

#### Abhiññā

A practitioner, who has attained the 5<sup>th</sup> *Rūpa jhāna*, can direct his concentration to *Abhiññā*, making the 5<sup>th</sup> *Rūpa jhāna* the foundation.

The Abhiññā are fivefold:

(1) The Supernormal Powers	(Iddhividha),
(2) The Divine Ear	(Dibbasota),
(3) The Knowledge of Others' Minds	(Cetopariya),
(4) The Recollection of Past Lives	(Pubbenivāsa),
(5) The Divine Eye	(Dibbacakkhu)

## (2) Vipassanā

Vipassanā is Insight knowledge. It is so called because it sees conditioned things in special ways, such as impermanence, suffering and non-atta.

Regarding Vipassanā, the 6 Categories should be noted:

1. The 7 Purifications	(Visuddhi),
2. The 10 types of Insight Knowledge	(Vipassanā nāṇa),
3. The 3 Universal Characteristics	(Lakkhana),
4. The 3 Contemplations	(Anupassanā),
5. The 3 Entries to the Emancipation	(Vimokkha-mukha),
6. The 3 Emancipations	(Vimokkha).

#### 7 Purifications

There are 7 Purifications in Vipassanā meditation. They are:-

- (1) Sīla-visuddhi morality that purifies by removing impurities of sīla,
- (2) Citta-visuddhi mental concentration that purifies by removing mental hindrances,
- (3) *Ditthi-visuddhi* view that purifies by removing wrong view of *atta* in the five Aggregates,
- (4) Kankhāvitaraṇa-visuddhi a knowledge that overcomes doubt, and purifies by removing wrong views such as, non-existence of cause, or untrue cause as a true cause,
- (5) Maggāmaggañāṇadassana-visuddhi Knowledge and Vision of the Path and Not-Path that purify by removing the perception of the path which is not the path,
- (6) Paţipadāñāṇadassana-visuddhi Knowledge and Vision of the Way that purify by removing the perception of nicca,
- (7) Nāṇadassa-visuddhi Knowledge and Vision that purify by removing delusion.

#### Sīlavisuddhi

The Morality Purification is the 4 types of morality which purify physical and verbal conduct:

- 1. Morality as regards Major restraint,
- 2. Morality as regards Sense-restraint,
- 3. Morality as regards Purity of livelihood, and
- 4. Morality as regards Contemplating the advantages of requisites.

#### Cittavisuddhi

The Mind Purification is the two established Concentrations which purify the mind:

- (1) Access concentration (upacāra samādhi), and
- (2) Absorption concentration (appanā samādhi).

### Diţţhivisuddhi

The View Purification is the analytical knowledge of mind and matter from the point of their characteristics, functions, manifestations and proximate causes. This knowledge purifies view. It removes the wrong view of *atta*.

### Kankhāvitaranavisuddhi

The Overcoming Doubt Purification is the knowledge of the causation of those minds and matters. This knowledge overcome doubt and purifies view. It removes these wrong views: *ahetuka* view (the view which rejects any cause) and *visamahetuka* view (the view which accepts untrue cause as cause).

## Maggāmaggañāṇadassanavisuddhi

The Knowing and Vision of Path-and-not-path Purification is the Knowledge of discrimination: after the knowledge of rise and fall appears, then the insight knowledge arises that is free from the obstacles of *Vipassanā* and keeps to its course, which is the Path; and the obstacles of *Vipassanā* are not the Path. This knowledge purifies the path. It removes the perception of the Path which is not the Path.

## Paṭipadāñāṇadassanavisuddhi

The Knowing and Vision of the Way Purification is the 9 Insight Knowledges from the 'Knowledge of Rise and Fall' that is free from the disturbances of *Vipassanā* up to the 'Knowledge of Conformity'.

### Ñānadassanavisuddhi

The Knowledge and Vision Purification is the Knowledge of the Path which has to be developed in sequence by means of the sixfold purification.

## 10 Insight Knowledges

There are 10 types of Insight knowledges that can be attained one after the other. They run as follows:

- (1) Sammasana knowledge of examination,
- (2) Udayabbaya knowledge of rise and fall,
- (3) Bhaiga knowledge of dissolution,
- (4) Bhaya knowledge of things as fearful,
- (5) Ādīnava knowledge of things as dangerous,
- (6) Nibbidā knowledge of disenchantment,
- (7) Muñcitukamyatā knowledge of desire for deliverance,
- (8) Patisańkhā knowledge of reflection,
- (9) Sańkhārupekkhā knowledge of equanimity towards conditioned things,
- (10) Anuloma knowledge of conformity.

#### 3 Universal Characteristics

All conditioned things have 3 Universal Characteristics. They are as follows:

Anicca - impermanence,

Dukkha - suffering through rise and fall,

Anatta - non-atta.

#### 3 Contemplations

There are 3 Contemplations dealing with conditioned things:

- (1) Aniccānupassanā contemplation of impermanence,
- (2) Dukkhānupassanā contemplation of suffering of rise and fall,
- (3) Anattānupassanā contemplation of non-atta.

### 3 Entries to the Emancipation

There are 3 entries to the emancipation:

- (1) Suññānupassanā contemplation of emptiness,
- (2) Animittānupassanā contemplation of signlessness,
- (3) Appaṇihitānupassanā contemplation of desirelessness.

#### 3 Emancipations

There are 3 emancipations dealing with Vipassanā:

- (1) Suññata vimokkha the emancipation that empties defilements,
- (2) Animitta vimokkha the emancipation without the sign of defilements,
- (3) Appaṇihita vimokkha the emancipation without desire.

Anupassanā	Vimokkhamukha
Aniccānupassanā	Animitta
Dukkhānupassanā	Appaṇihita
Anattānupassanā	Suññata

# Vipassanā Practice in brief

(1) Vipassanā Practice starts to run with an Ultimate Reality object: mind or matter. A  $Yog\bar{\imath}$  sees mind and matter from the point of their individual characteristics ( $sabh\bar{\imath}alakkhan\bar{\imath}$ ), functions (rasa), and manifestations ( $paccupatth\bar{\imath}ana$ ). By seeing mind and matter as they really are, he purifies his view. He sees not a being, but only the unity of mind and matter with the analytical knowledge of mind and matter ( $n\bar{\imath}amar\bar{\imath}pa-pariccheda-\bar{\imath}a\bar{\imath}a$ ). By means of this knowledge, he can remove the wrong view of atta (atta-ditthi). There is nothing to point out as "I" or "My property", but mere mind and matter in the ultimate aspect.

- (2) On having seen mind and matter, a *Yogī* contemplates the cause of mind and matter. He understands causality. He finds out the causes and conditions of mind and matter. When he attains the knowledge of causality, he has no doubt about the causal relation. He is in the state of Purification by Overcoming Doubt by means of the Knowledge of Causality. These two knowledges the analytical knowledge of mind and matter, and the knowledge of causality are the foundation of *Vipassanā*. The two knowledges are "ñāta pariññā", meaning full understanding of the known. In this stage, he penetrates mind and matter from the point of the individual characteristic.
- (3) After having attained these two knowledges, he starts to understand mind and matter from the point of Universal Characteristics: Anicca, Dukkha and Anatta. The Insight Knowledge runs in sequence: understanding the 3 Universal Characteristics (Sammasana); it sees mind and matter in rise and fall aspect (Udayabbaya). Then, it clearly sees and realizes its object in the aspect of dissolution (bhanga), of fearlessness (bhaya), of danger (ādīnava), of disenchantment (nibbidā), of desire for deliverance (muñcitukamyatā), of reflection equanimity (patisankhā), of towards sankhāras (sańkhārupekkhā), and of conformity (anuloma).
- These 9 *Vipassanā* Knowledges are called "Purification by Knowledge and Vision of the Path and Not the Path".
- (4) On the sequential practice, the *Vipassanā* becomes matured and the Knowledge of equanimity towards conditioned things is in the stage of *Vipassanā* that leads to emergence.

### Attainment of Path and Fruition:

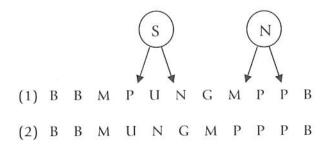
At the moment "just now the 'appanā' will arise", thereupon the running life-principle (bhavaṅga) ceases and the attention consciousness in mind-door comes into being. Then, the two or three Vipassanā knowledges, under the name of 'Preliminary Access and Conformity', sequentially run on the object from the point of its characteristics - anicca, etc. Then, the Knowledge of Gotrabhū arises on the object of Nibbāna, destroying the former lineage of Puthujjana and constructing the new Noble-lineage.

Immediately after this, the Path appears performing the four functions:

- 1. Fully understanding the Truth of Suffering,
- 2. Removing the Cause of Suffering,
- 3. Attaining the Cessation of Suffering, and
- 4. Developing the Path to the Cessation of Suffering.

After that, two or three Fruitions succeed and cease. Then, there is subsidence into the Life-principle Consciousness.

#### The Process of Path-attainment



### Reviewing Knowledge

After having attained the Path, the Reviewing Knowledge (*Paccavekkhaṇa-ñāṇa*) follows, running with five objects respectively: the Path, the Fruition, *Nibbāna* (always), the eradicated mental defilements and, the remaining mental defilements (sometimes).

# Mental Process reviewing one of the five objects Reviewing knowledge

 $B \quad B \quad M \quad J^1 \quad J^2 \quad J^3 \quad J^4 \quad J^5 \quad J^6 \quad J^7 \quad B$ 

### Analysis of Emancipation

In *Vipassanā*, the Contemplations of characteristics have different aspects and different functions. The contemplations are the entries to "Path". Through the entry, the Path can be expressed by different points:

- (1) "The contemplation of non-soul" removes the "view of soul". It sees conditioned things as "emptiness without soul". Therefore, "the contemplation of soul" is said to be "the contemplation of emptiness" (Suññānupassanā). "The contemplation of emptiness" is the entry to the emancipation (vimokkha-mukha). By means of the entry, the Path is mentioned as "Suññata" (empty).
- (2) "The contemplation of impermanence" removes the "sign of perversions". It sees things as "signless". Therefore, the contemplation of impermanence is said to be signless (animitta). "The contemplation of signlessness" is the entry to the emancipation (vimokkha mukha). By means of the entry, the Path is named as "Animitta" (signless).

(3) "The contemplation of suffering" removes "the desire". It sees things as "desireless". Therefore, the contemplation of suffering is said to be desireless (appanihita). "The contemplation of desirelessness" is the entry to the emancipation (*vimokkha mukha*). By means of the entry, the Path is named as "*Appanihita*" (desireless).

In this way, the Path receives three names as *Suññata*, *Animitta*, and *Appaṇihita*, according to the entry of *Vipassanā*, but the Fruition in the process of the Path is named according to entry of the Path and the Fruition in the process of the Attainment of the Fruition (*phalasamāpatti*) is named according to the entry of *Vipassanā*. But regarding object (*ārammaṇa*) and individual quality (*sarasa*), the 3 names are to be applied equally to all Path and Fruition everywhere.

Anupassanā	Vimokkhamukha	Vimokkha		
Anicca	Animitta	Animitta		
Dukkha	Appaṇihita	Appaṇihita		
Anatta	Suññata	Suññata		

### Analysis of Individuals

#### 1. Sotāpanna - Stream-enterer:

Having developed the Path of Stream-entry, one removes wrong view (*diṭṭhi*), and doubt (*vīcikicchā*). He becomes a *Sotāpanna* (Stream-enterer). He has escaped from rebirth in woeful states and will be born at most, seven more times.

#### 2. Sakadāgāmi - Once-returner:

Having developed the Path of Once-returning, one lessens craving, hatred, and delusion. He becomes a *Sakadāgāmī* (Once-

returner) and has a chance to return to this world only one more time.

### 3. Anāgāmī - Non-returner:

Having developed the Path of Non-returning, one totally removes sensual lust and ill-will. He becomes an *Anāgāmī* (Non-returner) without returning to this sensual world.

#### 4. Arahā - Arahant:

Having developed the Path of Arahantship, he eradicates all remaining defilements and becomes Arahant. Within him, all the *āsavas* have ceased and he has become a person who is worthy of the excellent offerings in the world.

### Analysis of Attainment

### 1. Phala-samāpatti

The attainment of Fruition is common to all, each individual able to attain their respective fruition.

### 2. Nirodha-samāpatti

The attainment of "Mental cessation" is accessible only to non-returners and *Arahants*. They must have attained all *Jhāna* attainments.

This is the procedure for the attainment of "Mental cessation":

In meditative sequence, one must attain the 1<sup>st</sup> *Jhāna*. Then, withdraw from it and meditate on it through Insight Knowledge. The same way should be applied to the 2<sup>nd</sup> *Jhāna*, the 3<sup>rd</sup> *Jhāna*, the 4<sup>th</sup> *Jhāna*, the 1<sup>st</sup> *Arūppa*, the 2<sup>nd</sup> *Arūppa* and the 3<sup>rd</sup> *Arūppa*. Then, withdraw and meditate on it through Insight Knowledge.

After that, he must perform the 4 Preliminary functions by making these resolutions:

- 1. The requisites not in use are not to be destroyed,
- 2. The waiting of the Samgha,
- 3. The summons of the Great Teacher,
- 4. The limit of one's life-span.

Then, he must attain the  $4^{th}$   $\bar{A}$  ruppa. Immediately after the 2 moments of the  $4^{th}$   $\bar{A}$  ruppa, he is in the state of mental cessation. During the attainment of mental cessation, all minds and mindborn matters come into cessation.

According to limitations made previously, one withdraws from such a state. At that moment, the fruition of Non-returner within an *Anāgāmi*, and the Fruition of Arahantship within an *Arahant* arise only one time.

These 2 attainments are the advantages of *Vipassanā* meditation.

The End of Chapter 8

#### **CHAPTER 9**

#### SAMUCCAYASANGAHA

# Compendium of Category

72 *Dhammas*: In this chapter, the *Paramattha dhammas*: *Citta, Cetasika, Rūpa* and *Nibbāna* are enumerated into 72 from the point of their characteristics:

citta	1
cetasika	52
гйра	18
nibbāna	1
altogether	72

Citta is divided into 89 or 121 according to plane, etc. But all types of citta have only one characteristic as the awareness of an object. So, from the point of characteristic, citta is counted one. Cetasikas are enumerated into 52, because each of them has its own characteristic. Rūpa here is enumerated into 18, because only 18 Nipphanna matters are real matter. Nibbāna is only one according to its characteristic, as the Perfect Peace.

#### 72 dhammas

No.	Dhamma	Total
1.	Citta	1
2.	Cetasikas	52
3.	Rūpa (Nipphanna)	18
4.	Nibbāna	1

### 4 Compendiums

The Samuccayasangaha comprises 4 Compendiums:

- 1. Akusala sangaha (Compendium of Akusala),
- 2. Missakasangaha (Compendium of Mixed Phenomena),
- 3. Bodhipakkhiyasangaha (Compendium of Requisite of Enlightenment),
- 4. Sabbasangaha (Compendium of the Whole).

# 1. Akusalasangaha

In this *Saṅgaha*, the 14 *Akusala Cetasikas* are classified into 9 categories. There are 14 *Akusala Cetasikas*. *Moha, Ahirika, Anottappa, Uddhacca, Lobha, Diṭṭhi, Māna, Dosa, Issā, Macchariya, Kukkucca, Thina, Middha, Vicikicchā.* 

The 14 akusala cetasikas are classified into 9 Categories:

- 1. *Āsava* flux,
- 2. Ogha flood,
- 3. Yoga bond,
- 4. Gantha knot,
- 5. *Upādāna* clinging,
- 6. Nīvarana hindrance.
- 7. Anusaya latency,
- 8. Samyojana fetter,
- 9. *Kilesā* defilements.

### Āsava

### Āsava (flux) is divided into 4:

- (1) Kāmāsava Craving for sensual-pleasure that is in a state of flux.
- (2) Bhavāsava Craving for the life of Rūpa and Arūpa Brahmas that is in a state of flux,
- (3) Diṭṭḥāsava Wrong-view that is in a state of flux,
- (4) Avijjāsava Ignorance that is in a state of flux.

Herein, Āsava is a term for the 3 Akusala Cetasikas. Lobha, diṭṭhi and moha. As Āsava, lobha is divided into 2: Kāmāsava and Bhavāsava.

# Ogha

Ogha (flood) is divided into 4:

- (1) Kāmogha Craving for sensual-pleasure that floods,
- (2) Bhavogha-Craving for the life of Rūpa and Arūpa Brahmas that floods,
- (3) Ditthogha Wrong-view that is in a state of flood,
- (4) Avijjogha Ignorance that is in a state of flood.

Herein, the 3 Akusala Cetasikas are mentioned as Ogha (flood).

### Yoga

Yoga (bond) is divided into 4:

- (1) Kāmayoga Craving for sensual-pleasure that is in a state of bond,
- (2) Bhavayoga Craving for the life of Rūpa and Arūpa Brahmas that is in a state of bond,
- (3) Ditthiyoga Wrong-view that is in a state of bond,
- (4) Avijjāyoga Ignorance that is in a state of bond.

Herein, the 3 Akusala Cetasikas are mentioned as "Yoga" (bond).

### Gantha

Gantha means "knot". It knots the mental body to the physical body. So, it is called Kāya-gantha. That Gantha is divided into 4:

(1) Abhijjhā-kāyagantha	Covetousness that knots the two bodies,
(2) Byāpāda-kāyagantha	Hatred that knots the two bodies,
(3) Sīlabbata-parāmāsa kāyagantha	Misconception of behaviour ( <i>sīla</i> ) and practice ( <i>vata</i> ) as purification that knots the two bodies,
(4) Idam saccābhinivesa kāyagantha	Firmly holding one's view alone is true and others' are empty; that view knots the two bodies.

Herein, the 3 Akusala Cetasikas (lobha, dosa and diṭṭhi) are mentioned as Gantha (knot). Diṭṭhi alone is classified into 2: Sīlabbata and Idaṁ saccābhinivesa.

# Upādāna

Upādāna means "clinging". It is divided into 4:

- (1) *Kāmupādāna* Craving for sensual-pleasure that is in a state of clinging,
- (2) Ditthupādāna Wrong-view that is in a state of clinging,
- (3) Sīlabbatupādāna Wrong-view on behaviour and practice that is in a state of clinging,
- (4) Attavādupādāna Attavāda that is in a state of clinging.

Herein, the 2 Akusala Cetasikas - lobha and diṭṭhi are mentioned as upādāna (clinging). The first one is lobha and the other is diṭṭhi. Diṭṭhi alone is classified into 3: Diṭṭhupādāna, Sīlabbatupādāna and Attavādupādāna. But they have different

modes. *Diṭṭhupādāna* refers to *Natthika diṭṭhi*, wrong-view that the effect of *kamma* does not exist. *Sīlabbatupāda* refers to the wrong-view that an animal's behaviour and practice as an animal lead to purification. For example, one has such a view - "through bovine practice or canine practice, one can purify mental defilements". *Attavādupādāna* refers to the view on *Atta* that becomes clinging.

### Nīvaraņa

Nīvaraņa means "hindrance".

It is divided into 6:

- (1) Kāmacchanda desire for sensual-pleasure,
- (2) Byāpada hatred,
- (3) Thina-middha sloth and torpor,
- (4) Uddhacca-kukkucca restlessness and worry,
- (5) Vīcikicchā doubt,
- (6) Avijjā ignorance.

Herein, the 8 Akusala Cetasikas – lobha, dosa, thina, middha, uddhacca, kukkucca, vīcikicchā and avijjā are mentioned as Nīvaraṇa.

The term *Kāmacchanda* refers to *lobha*; *Byāpāda* refers to *dosa* and *Avijjā* refers to *moha*.

Thina and middha are mentioned as one Nīvaraṇa, because they have the same function of producing lethargy; the same cause that is, laziness; the same opposite of effort.

*Uddhacca* and *kukkucca* are also said as one *Nīvaraṇa*, because they also have the same function of making restless; the same cause that is, thought with worry; the same opposite of *Samatha* practice.

### Anusaya

Anusaya means "latency". It is divided into 7:

- (1) *Kāmarāgānusaya* Craving for sensual-pleasure that is in a state of latency,
- (2) Bhavarāgānusaya Craving for the life of Rūpa and Arūpa Brahma that is in a state of latency,
- (3) Patighānusaya Ill-will that is in a state of latency,
- (4) Mānānusaya Conceit that is in a state of latency,
- (5) Ditthānusaya Wrong-view that is in a state of latency,
- (6) Vīcikicchānusaya Doubt that is in a state of latency,
- (7) Avijjānusaya -Ignorance that is in a state of latency.

Herein, the 6 Akusala Cetasikas – lobha, dosa, māna, diṭṭhi, vīcikicchā and moha - are mentioned as Anusaya (latency).

Samyojana: Samyojana means "fetter". It is divided into 10 in two ways - the way of Suttanta and the way of Abhidhamma.

# In the way of Suttanta

- Kāmarāga samyojana
- (2) Rūparāga sariiyojana
- (3) Arūparāga sariiyojana
- (4) Paṭigha saṁyojana
- (5) Māna samyojana
- (6) Diṭṭhi saṁyojana
- (7) Sīlabbataparāmā sa saṁyojana

- Craving for sensual-pleasure in a state of fetter,
- Craving for the life of Rūpa Brahmā that is in a state of fetter,
- Craving for the life of Arūpa Brahmā that is in a state of fetter,
- Hatred in a state of fetter,
- Conceit in a state of fetter,
- Wrong-view in a state of fetter,
  - Misconception of animal behaviour and practice as an animal as purification that is in a state of fetter,

- (8) *Vīcikicchā* Doubt in a state of fetter, samyojana
- (9) *Uddhacca* Mental restlessness in a state of fetter,
- (10) Avijjā samyojana Ignorance in a state of fetter.

# In the way of Abhidhamma

- (1) The same as Suttanta,
- (2) Bhavarāga samyojana Craving for the life of Brahma that is in a state of fetter,
- (3) Paṭigha saṃyojana The same as Suttanta,
- (4) Māna samyojana The same as Suttanta,
- (5) Diṭṭhi samyojana The same as Suttanta,
- (6) Sīlabbataparāmāsa- The same as Suttanta,
- (7) Vīcikicchā samyojana The same as Suttanta,
- (8) Issā samyojana Jealousy that is in a state of fetter,
- (9) Macchariya samyojana Stinginess that is in a state of fetter,
- (10) Avijjā samyojana The same as Suttanta.

Herein, the 9 Akusala Cetasikas are mentioned as Samyojana (fetter). They are Lobha, Dosa, Māna, Diṭṭhi, Vīcikicchā, Uddhacca, Moha, Issā, Macchariya. Among them, Uddhacca is said as Samyojana only in 'Suttanta' while Issā and Macchariya are only in 'Abhidhamma'.

Then, *kāmarāga*, *Rūparāga*, *Arūparāga*, *Bhavarāga* refer to only *Lobha*. Therein, *Bhavarāga* in *'Abhidhamma'* is divided into two in *'Suttanta'*: *Rūparāga* and *Arūparāga*.

Kilesa

Kilesa mean 'mental defilements'.

(1) <i>Lobha</i>	Craving
(2) <i>Dosa</i>	Hatred
(3) Moha	Delusion
(4) Māna	Conceit
(5) Diṭṭhi	Wrong-view
(6) Vīcikicchā	Doubt
(7) Thina	Sloth
(8) Uddhacca	Restlessness
(9) Ahirika	Shamelessness
(10) Anottappa	Fearlessness

#### Conclusion

In this compendium of *Akusala*, there are 9 Categories. The first 5 Categories are classified into four each: *Nīvaraṇa* into 6, *Anusaya* into 7, *Saṁyojana* and *Kilesa* into 10 each.

But the first 4 Categories are composed of 3 factors; *Upādana* 2 factors; *Nīvaraṇa* 8 factors, *Anusaya* 6 factors, *Saṃyojana* 9 factors and *Kilesa* 10 factors.

9 Categories	Classification	Composition of factors
1. Āsava	4	3
2. Ogha	4	3
3. Yoga	4	3
4. Gantha	4	3
5. Upādāna	4	2
6. Nīvaraņa	6	8
7. Anusaya	7	6
8. Samyojana	10	9
9. Kilesa	10	10

Then, Lobha belongs to 9 categories;
Diṭṭhi belongs to 8, except Nīvaraṇa;
Moha to 7, except Gantha and Upādāna;
Dosa to 5, as Gantha, Nīvaraṇa, Anusaya, Saṁyojana and Kileasa;
Vīcikicchā to 4, as Nīvaraṇa, Anusaya, Saṁyojana and Kilesa;
Māna to 3, as Anusaya, Saṁyojana and Kilesa;
Uddhacca to 3, as Nīvaraṇa, Saṁyojana and Kilesa;
Thina to 2, as Nīvaraṇa and Kilesa;
Middha and Kukkucca to 1, as Nīvaraṇa;
Ahirika and Anottappa belong to 1, as Saṁyojana.

9	Categories
9	Categories

14 Akusala Mental Factors	Āsava	Ogha	Yoga	* Gantha	Upādāna	Nīvaraņa	Anusaya	Saṁyojana	Kilesa
Lobha	*	*	*	*	*	*	*	*	*
Diţţhi	*	*	*	*	*		*	*	*
Moha	*	*	*			*	*	*	*
Dosa				*		*	*	*	*
Vīcikicchā						*	*	*	*
Māna							*	*	*
Uddhacca						*		*	*
Thina						*			*
Middha						*			
Kukkucca						*			
Ahīrika									*
Anottappa									*
Issā								*	
Macchariya								*	

#### Technical terms

These are technical terms for lobha:

- (1) Kāma,
- (2) Bhava,
- (3) Abhijjhā,
- (4) Kāmarāga,
- (5) Bhavarāga,
- (6) Rūparāga,
- (7) Arūparāga.

Then, for Dosa, there are two forms:

- Byāpāda,
- (2) Paţigha.

For Ditthi, there are 3 technical terms:

- (1) Sīlabbata,
- (2) Attavāda,
- (3) Idamsaccābhinivesa.

# 2. Missaka saringaha

This *Samgaha* is composed of 37 *dhammas*. They are enumerated thus:

Citta	1
Cetasika	27
Rūpa	9
Altogether	37

Herein, the 27 Cetasikas are enumerated into groups:

(1) Aññasamāna 10:

Phassa, vedanā, cetanā, ekaggatā, jīvitindriya, vitakka, vicāra, vīriya, pīti, chanda.

(2) Akusala 6:

Lobha, dosa, moha, diṭṭhi, ahirika, anottappa.

(3) Sobhana 10:

Saddhā, sati, hiri, ottappa, alobha, adosa, amoha, Sammāvācā, Sammākammanta, Sammā ājīva.

9 Rūpas are 5 Pasāda, 2 Bhāva, Jīvita and Āhāra.

### Categories:

There are 7 categories:

(1) Hetu (Root condition), (2) Jhānaṁga (Jhāna factor),

(3) Maggamga (Magga factor),

(4) *Indriya* (Controlling faculty),

(5) Bala (Power),(6) Adhipati (Dominant),

(7) Āhāra (Nutriment condition).

#### 6 Hetu

The root conditions are divided into 6:

(1) Lobha - Craving,

(2) Dosa - Hatred,

(3) Moha - Delusion,

(4) Alobha - Anti-craving,

(5) Adosa - Anti-hatred,

(6) Amoha - Anti-delusion.

Among them, the first 3 *hetus* belong to evil while the others to good or neither.

#### 7 Jhāna factors

Jhāna means 'closely observe its object'. It is divided into 7:

(1) Vitakka - thought,

(2) Vicāra - sustained thought,

(3) *Pīti* - joy,

(4) *Ekaggatā* - one-pointedness, (5) *Somanassa* - pleasant feeling,

(6) *Domanassa* - unpleasant feeling,

(7) *Upekkhā* - neutral feeling.

Herein, Domanassa belongs to evil while the others to good, evil and neither.

As 'Composed dhamma', the Jhāna factors are only 5 because the last 3 are only vedanā.

### 12 Magga-factors

Magga means 'path that leads to its destination'. It is divided into 12:

- (1) Sammāditthi - right view,
- (2) Sammāsamkappa right thought,
- (3) Sammāvācā right speech,
- (4) Sammākammanta right action,
- (5) Sammā-ājīva right livelihood,
- (6) Sammāvāyāma right effort,
- (7) Sammāsati right mindfulness,
- (8) Sammāsamādhi right concentration,
- (9) Micchāditthi wrong view,
- (10) Micchāsamkappa- wrong thought,
- (11) Micchāvāyāma wrong effort,
- (12) Micchāsamādhi wrong concentration.

Herein, the last 4 belong to evil while the others belong to good and neither.

As 'Composed dhamma', the Magga factors are only 9: Amoha, vitakka, 3 viratī, vīriya, sati, ekaggatā and ditthi.

Dominating facility 22 Indrivas

Indriva means 'dominating faculty'. There are 22 Indrivas. (1) Cakkhundriya - sensitive eye that dominates eye-

consciousness in seeing,

- (2) Sotindriya sensitive ear that dominates earconsciousness in hearing,
- (3) Ghānindriya sensitive nose that dominates noseconsciousness in smelling,

- (4) *Jīvindriya* sensitive tongue that dominates tongue-consciousness in tasting,
- (5) *Kāyindriya* sensitive body that dominates body-consciousness in touching,
- (6) *Itthindriya* femininity that dominates the female form (itthilimga), etc.
- (7) *Purisindriya* masculinity that dominates male form (purisalimga), etc.
- (8) *Jīvitindriya* material-life that dominates kamma-born matter and mental-life that dominates associated states,
  (9) *Manindriya* consciousness that dominates associated
  - (9) Manindriya consciousness that dominates associated states in being aware,
- (10) Sukhindriya physical happiness that dominates associated states,
- (11) *Dukkhindriya* physical pain that dominates associated states,
- (12) Somanassindriya mental happiness that dominates associated states,
- (13) *Domanassindriya* mental pain that dominates associated states,
- (14) *Upekkhindriya* neutral feeling that dominates associated states,
  - (15) Saddhindriya faith that dominates associated states in believing,
  - (16) Vīriyindriya effort that dominates associated states in encouraging,
  - (17) Satindriya mindfulness that dominates associated states in mindfulness.
  - (18) *Samādhindriya* concentration that dominates associated states in concentrating,
  - (19) *Paññindriya* knowledge that dominates associated states in realizing,
  - (20) Anaññātaññassāmitindriya knowledge of a person who has such an idea: "I should realize what I have never known", that dominates associated states in realizing,

- (21) Aññindriya knowledge that realizes what has been known and dominates associated states in realizing,
- (22) Aññātāvindriya knowledge of such a person who has already realized, that dominates associated states in realizing.

Herein, the first 7 *Indriyas* are the term for 7 matters: 5 sensitive matters, femininity and masculinity.

*Jīvitindriya* is composed of 2 phenomena: material life (matter) and mental life (*cetasika*). The other 5 *Indriyas* beginning with *Sukhindriya* are for only a mental state, feeling (*vedanā*). The last 4 *Indriyas* are only for knowledge (*paññā*).

But 'Anaññātaññassāmitindriya' is the knowledge that associates with 'Sotāpattimagga citta'; 'Aññātāvindriya' is the knowledge that associates with 'Arahattaphala citta'; 'Aññindriya' is the knowledge that associates with 'the other 6 Lokuttara cittas'.

Therefore, 22 Indriyas are composed of these 16 states:

Matter	8
Citta	1
Citta Cetasika	7
Altogeth	ner 16

#### 9 Bala

Bala means power. It is divided into 9:

- (1) Saddhā faith that has power,
- (2) Vīriya effort,
- (3) Sati mindfulness,
- (4) Samādhi concentration (ekaggatā),
- (5) Paññā knowledge (amoha),
- (6) Hiri shamefulness,
- (7) Ottappa fearfulness,
- (8) Ahirika shamelessness,
- (9) Anottappa fearlessness.

Herein, the last 2 are only evil states; saddhā, sati, paññā, hiri and ottappa are only kusala and abyākata; while the other 2, vīriya and ekaggatā are mixed as 'kusala, akusala and abyākata'.

# 4 Adhipati

Adhipati means 'dominant'. It is divided into 4:

- (1) Chandādhipati chanda that dominates associated states,
- (2) Vīriyādhipati effort that dominates associated states,
- (3) Cittādhipati citta that dominates associated states,
- (4) *Vīmamsādhipati* wisdom that dominates associated states.

Herein, the mental state, *chanda* that is present in the 52 *Javana cittas* with *Adhipati* is called *'Chandādhipati'*; the mental state *vīriya* that is present in the 52 *Javana cittas* with *Adhipati* is called *'Vīriyādhipati'*; the 52 *Javana cittas* with *Adhipati* is called *'Cittādhipati'*; the mental state *'vīmaṁsa'* that is present in the 34 *Tihetuka javana cittas* is called *'Vīmaṁsādhipati'*.

# The difference between 'Adhipati' and 'Indriya'

Adhipati is the state of being 'absolutely dominant' while Indriya is a state of being 'dominant just in its own case'.

### 4 Āhāra

 $\bar{A}h\bar{a}ra$  means 'that brings its effect as special condition'. It is divided into 4:

- (1) *Kabaļīkāra āhāra* food that brings about the 8 material groups (of which the eighth is 'Ojā'),
- (2) *Phasso* contact, a mental state that brings about the 3 types of  $vedan\bar{a}$ ,
- (3) *Manosamcetanā* the mental state, *cetanā* that brings about rebirth (*paṭisandh*i),

(4) *Viññāṇa* - consciousness that brings about mind (*nāma*) and matter (*rūpa*) born together.

Herein, 'Kabalīkāra āhāra' is a material quality, Ojā, that remains in food.

### Special note

- (1) These two states, *upekkhā* and *ekaggatā*, when associated with 10 *viññāṇa citta*s, cannot be included in the *Jhāna* factors because 10 *viññāṇa cittas* do not associate with *vitakka*.
- (2) *Ekaggatā* that is present in 16 *cittas* dissociated from *vīriya*, cannot be included in *Bala* (power) because it is absent from *vīriya*.
- (3) These 3 states *vitakka*, *vīriya* and *ekaggatā* that associate with *Ahetuka citta*, cannot be included in *Magga* factors because they are absent from *Hetu*.
- (4) *Ekaggatā* that is present in *Vīcikicchāsahagata citta* cannot be included in *Bala, Indriya* and *Magga* factors because they dissociate from *Adhimokkha*.
- (5) *Vīmamsādhipati* can be known in only 34 *Tihetuka javana cittas*, the other 3 *Adhipati* in 18 *Dvihetuka* and 34 *Tihetuka javana cittas*.

All *Adhipati*s cannot be known in the *Ahetuka* and *Ekahetuka javana citta*s and 32 *Lokiya vipāka citta*s.

# Dhamma and Categories

- (1) Citta participates in 3 categories: Indriya, Adhipati and Āhāra.
- (2) 8 Material qualities 5 *pasāda*, 2 *bhāva* and *jīvita* participate in only 1 category: *Indriya*. *Kabaļīkāra āhāra* are in one: Āhāra.
- (3) 5 Mental states *lobha, dosa, moha, alobha, adosa* are in only 1 category: *Hetu. Jīvita* is in 1 category: *Indriya. Chanda* is in 1 category: *Adhipati. Diṭthi* is in 1 as *Maggamga. Phassa* and *cetanā* are in 1 as *Āhāra*.

*Vīcāra* and *pīti* are in 1 as *Jhānaṁga*. *Vitakka* is in 2 as *Jhānaṁga* and *Maggaṁga*. 3 *Viratī* are in 1 as *Maggaṁga*. *Saddhā* is in 2 as *Indriya* and *Bala*. *Hiri*, *ottappa*, *ahirika* and *anottappa* are in 1 as *Bala*.

Vedanā is in 2 as Jhānamga and Indriya. Sati is in 3 as Maggamga, Indriya and Bala. Ekaggatā is in 4 as Jhānamga, Maggamga, Indriya and Bala. Amoha (paññā) is in 5 as Hetu, Maggamga, Indriya, Bala and Adhipati.

Dhamma	Hetu	<i>Jhāna</i> ñga	Maggañga	Indriya	Bala	Adhipati	Āhāra	Total
Citta				/		/	/	3
8 <i>Rūpa</i>				/				1
Lobha, Dosa, Moha, Alobha, Adosa	/							1
Kabaļīkāra, Phassa, Cetanā							/	1
Hiri, Ottappa, Ahirika, Anottappa					/			1
Chanda						1		1
Diṭṭhi			/					1
Vicāra, Pīti		/						1
Vitakka		/	/					2
3 Viratī		/						1
Saddhā				/	/			2
Sati			/	/	1			3
Ekaggatā		/	/	/	/			4
Vedanā		/		1				2
Vīriya			/	/	/	/		4
Paññā	/		/	/	/	1		5

3. Bodhipakkhiya Samgaha

This Samgaha is composed of 14 dhammas. They are enumerated thus:

Citta	1
Cetasika	<u>13</u>
Altogether	14

Herein, 13 *Cetasikas* are counted thus: *Paññā, Vitakka,* 3 *Viratī, Vīriya, Sati, Ekaggatā, Saddhā, Pīti, Passadhi, Vedanā, Chanda.* 

### Categories

In this Samgaha, there are 7 categories:

- (1) Satipatthāna Mindfulness founded on 4 objects,
- (2) Sammappadhāna Right effort,
- (3) *Iddhipāda* Means of Accomplishment,
- (4) *Indriya* Faculty, (5) *Bala* Power,
- (6) Bojjhamga Factor of Enlightenment,
- (7) Maggamga Factor of the Path.

### Satipaţţhāna

Mindfulness that is founded on 4 objects is divided into 4:

- (1) Kāyānupassanā mindfulness founded on contemplation of body,
- (2) *Vedanānupassanā* mindfulness founded on contemplation of feeling,
- (3) *Cittānupassanā* mindfulness founded on contemplation of *citta*,
- (4) *Dhammānupassanā* mindfulness founded on contemplation of *dhamma*.

Herein, 'Sati' alone is described as 4 referring to the 4 objects: body, feeling, citta and dhamma.

# Sammappadhāna

Right effort is described as 4, referring to its 4 functions.

- (1) The effort to remove evil states that have arisen,
- (2) The effort to prevent the arising of unarisen evil states,
- (3) The effort to develop unarisen wholesome states,
- (4) The effort to augment arisen wholesome states.

# Iddhipāda

'The Means of Accomplishment' is divided into 4:

- (1) Chandiddhipāda wish-to-do that is the means of accomplishment,
- (2) *Vīriyiddhipāda* effort that is the means of accomplishment,
- (3) Cittiddhipāda citta that is the means of accomplishment,
- (4) Vīmamsiddhipāda investigation that is the means.

# Indriya

'The dominating faculty' is divided into 5:

- (1) Saddhindriya faith that dominates associated states in believing,
- (2) Satindriya mindfulness that dominates associated states in minding,
- (3) Vīriyindriya effort that dominates associated states in energy,
- (4) Samādhindriya concentration that dominates associated states in concentrating,
- (5) *Paññindriya* knowledge that dominates associated states in realizing.

#### Bala

The 'mental power' is divided into 5:

- (1) Saddhābala faith as mental power,
- (2) Satibala mindfulness that becomes mental power,
- (3) Vīriyabala effort that becomes mental power,
- (4) Samādhibala concentration that becomes mental power,
- (5) *Paññābala* knowledge that becomes mental power.

# Bojjhamga

'The Factor of Enlightenment' is divided into 7:

- (1) Sati sambojjhamga faith that is a factor of enlightenment,
- (2) Dhammavicaya sambojjhamga investigating of dhamma that is a factor of enlightenment,
- (3) Vīriya sambojjhamga effort that is a factor of enlightenment,
- (4) *Pīti sambojjhamga* joy that is a factor of enlightenment,
- (5) Passaddhi sambojjhamga tranquility that is a factor of enlightenment,
- (6) Samādhi sambojjhamga concentration that is a factor of enlightenment,
- (7) *Upekkhā sambojjhamga* equanimity that is a factor of enlightenment.

Herein, 'Dhammavicaya' refers to 'Paññā' while 'Upekkhā' to 'Equanimity', a mental state.

# Maggaṁga

'The Factor of Path' is divided into 8:

- (1) Sammā ditthi right view,
- (2) Sammā samkappa right thought,
- (3) Sammā vācā right speech,
- (4) Sammā kammanta right action,
- (5) Sammā ājīva right livelihood,
- (6) Sammā vāyāma right effort,
- (7) Sammā sati right mindfulness,
- (8) Sammā samādhi right concentration.

### Special Note

The 'Bodhipakkhiya' has 7 categories and 37 divisions. 14 dhammas compose Bodhipakkhiya and they become Bodhipakkhiya when they associate with 8 Lokuttara cittas or 42 cittas. 8 Mahākusala, 8 Mahākiriya and 26 Appanā javana.

### Way of Participation

There are 9 *dhammas* that participate in position. They run as follows:

Citta and Chanda participate in 1 position as 'Iddhipāda';

Passaddhi, Pīti and Upekkhā participate in 1 position as 'Bojjhamga';

Vitakka and 3 Viratī participate in 1 position as 'Maggariga';

Saddhā participates in 2 positions as 'Indriya and Balá';

Ekaggatā participates in 4 positions as 'Indriya, Bala, Bojjhamga and Maggamga';

Paññā participates in 5 positions as 'Iddhipāda, Indriya, Bala, Bojjhamga and Maggamga';

Sati participates in 8 positions as '4 Satipaṭṭhānas, Indriya, Bala, Bojjhaṁga and Maggaṁga';

Vīriya participates in 9 positions as '4 Sammappadhānas, Iddhipāda, Indriya, Bala, Bojjhamga and Maggamga'.

14 Dhamma	Position
Vīriya	9
Sati	8
Paññā	5
Ekaggatā	4
Saddhā	2
The other 9	1

### 4. Sabba Samgaha

This *Saṁgaha* is composed of all *Paramattha dhammas*. Therefore, it is called 'the compendium of the whole'.

### Categories

In this Saringaha, there are 5 categories:

(1) Khandha - Aggregate,

(2) Upādānakkhandha - Aggregate of Clinging,

(3) Āyatana - Base,

(4) Dhātu - Element,

(5) Ariyasacca - Noble Truth.

Herein, 'Khandha' is composed of 3 types of Paramattha, except Nibbāna, while 'Upādānakkhandha' is composed of 3 types of Paramattha pertaining to only the mundane.

'Āyatana' and 'Dhātu' are composed of all types of Paramattha.

'Ariya sacca' is composed of all Paramatthas except Magga citta, together with 28 cetasikas except 8 Factors of Path, all types of Phala cittas along with associated cetasikas.

#### Khandha

'Khandha' are 'Aggregates' and are divided into 5:

- (1) *Rūpakkhandha* Matter Aggregate which is composed of 28 matters,
- (2) Vedanākkhandha Feeling Aggregate,
- (3) Saññākkhandha Mental Noting Aggregate,
- (4) *Saṁkhārakkhandha* Mental Formations Aggregate, composed of 50 cetasikas except *vedanā* and *saññā*.
- (5) Viññāṇakkhandha Consciousness Aggregate.

# Upādānakkhanda

'The Aggregate of Clinging' is divided into 5:

- (1) Rūpupādānakkhandha Matter Aggregate of Clinging,
- (2) *Vedanupādānakkhandha* Feeling Aggregate of Clinging. It is only mundane feeling,
- (3) Saññūpādānakkhandha Mental Noting Aggregate of Clinging. It is only mundane mental noting,
- (4) Samkhārupādānakkhandha Mental formation Aggregate of Clinging. It consists of 50 mundane cetasikas,
- (5) Viññāṇupādānakkhandha Consciousness Aggregate of Clinging. It consists of 81 mundane consciousnesses.

# Āyatana

'The Sense-base' is divided into 12:

- (1) Cakkhāyatana eye base,(2) Sotāyatana ear base,
- (3) Ghānāyatana nose base,
- (4) *Jivhāyatana* tongue base,(5) *Kāyāyatana* body base,
- (6) Manāyatana mind base,
- (7) Rūpāyatana visible form base,
- (8) *Saddāyatana* sound base, (9) *Gandhāyatana* - smell base,
- (10) Rasāyatana taste base,
- (11) Photthabbāyatana tangible base,
- (12) Dhammāyatana dhamma base.

Herein, 89 *Cittas* are called *'Manāyatana'*. 69 *Dhammas* - 52 Cetasikas, 16 *Sukhuma rūpa*s and *Nibbāna* - are called *'Dhammāyatana'*. The other 10 *Āyatanas* are composed of 12 *Oļārika rūpas*. Among them, 3 Elements - earth, fire and air - are called *'Photthabbāyatana'*.

### Special Note

- (1) 'Manāyatana' belongs to 'Nāma';
  'Dhammāyatana' belongs to 'Nāma and Rūpa';
  The other 10 Āyatanas belong to only 'Rūpa'.
  The following 6 Āyatanas are 'External' (bāhira).
- (2) The preceding 6  $\bar{A}yatanas$  are internal (ajjhatta) and the following 6  $\bar{A}yatanas$  are external ( $b\bar{a}hira$ ).

#### Dhātu

'Dhatu' is 'Element'. It literally means 'that which bears its own intrinsic nature'. It must not be identified as "Jīva". 'Dhātu' is divided into 18:

(1) Cakkhu dhātu

- eye element,
- ear element,
- nose element,
- tongue element,

(5) Kāya dhātu

- eye element,
- nose element,
- tongue element,
- body element,

(6) Rūpa *dhātu* - visible form element,

(7) Saddha dhātu - sound element, (8) Gandha dhātu - smell element, (9) Rasa dhātu - taste element, (10) Phoṭṭhabba dhātu - tangible element,

(11) Cakkhuviññāṇa dhātu - eye consciousness element,

(12) Sotaviññana dhātu- ear consciousness element,

(13) Ghānaviññāṇa dhātu - nose consciousness element,

(14) Jivhāviññāṇa dhātu- tongue consciousness element,

(15) Kāyaviññāṇa dhātu- body consciousness element,

(16) Mano dhātu - mind element,

(17) Dhamma dhātu - Dhamma element,

(18) Manoviññāṇa dhātu - mind-consciousness element.

### Special Note

(1) The 'Manāyatana' is divided into 7 in 'Dhātu'. 'Cakkhuviññāṇa dhātu' is composed of 2 eye consciousness and the same goes for Sota, Ghāna, Jivhā and Kāya viññāṇa dhātu. 'Manodhātu' is composed of 3: Pañcadvārāvajjana and 2 Sampaṭicchanas. But the remaining 76 cittas are called 'Manoviññāṇa dhātu'.

(2) Regarding Aggregate, mind is divided into 4. But in the Sense-base, matter is divided into ten and a half; in the Element, mind is divided into seven and half, and matter into ten and half.

Therefore, the *Buddha* taught the Aggregate to those who are more confused about mind; the Sense-base to those who are more confused about matter, the Element to those who are confused about both.

# Ariyasacca

Ariyasacca means 'Noble Truth'. It is divided into 4:

- (1) Dukkha Ariyasacca The Noble Truth of suffering,
- (2) *Dukkhasamudaya Ariyasacca* The Noble Truth of the cause of suffering,
- (3) *Dukkhanirodha Ariyasacca* The Noble Truth of the cessation of suffering,
- (4) Dukkhanirodhagāminīpaṭipadā Ariyasacca The Noble Truth of the way to the cessation of suffering.

Herein, the First Noble Truth is composed of all types of mundane states namely, 81 mundane *citta*s, 51 *cetasikas* except *lobha* and 28 matters.

The Second Noble Truth is composed of only lobha, as major cause.

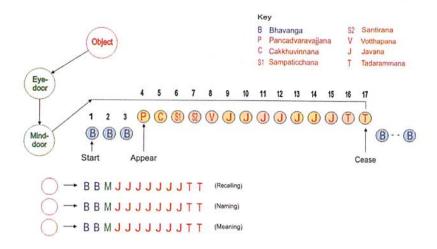
The Third Noble Truth is composed of only *Nibbāna*, but the Fourth Noble Truth is composed of 8 Factors of the Path. They are 8 mental states namely, *paññā*, *vitakka*, 3 *viratis*, *vīriya*, sati and *ekaggatā* which associate with *Magga citta*.

### Special Note:

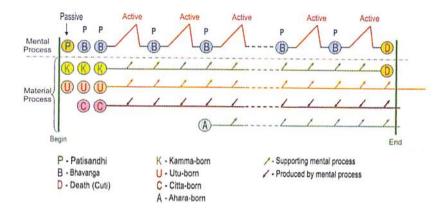
The 4 *Magga cittas*, the 28 associated mental states except the 8 factors of Path, the 4 *Phala cittas* and the 36 associated mental states are not included in the Four Noble Truths.

The End of chapter 9

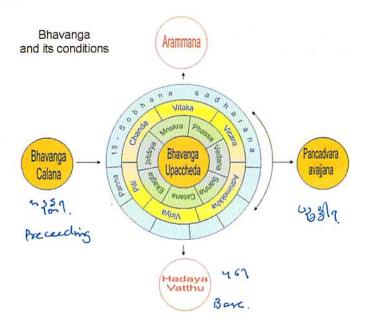
#### Mental Process

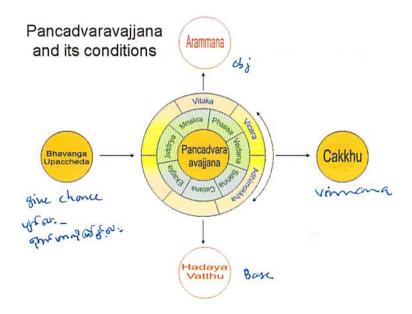


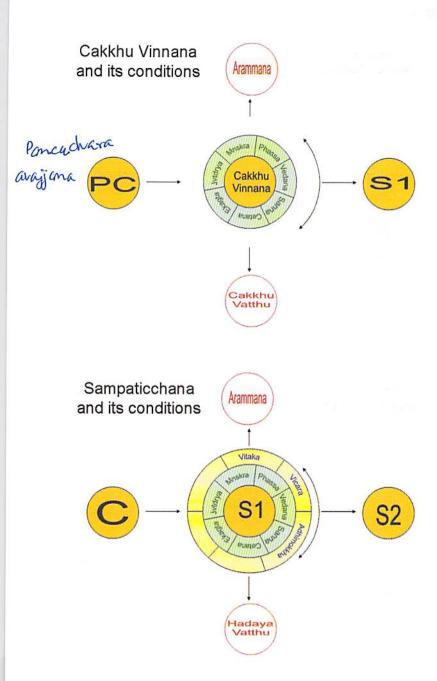
#### Picture of Whole Life

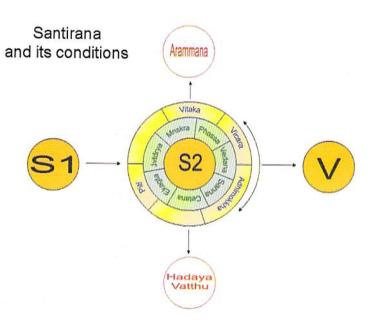


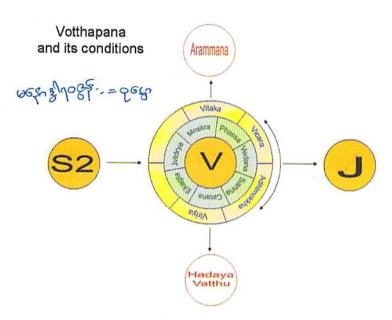
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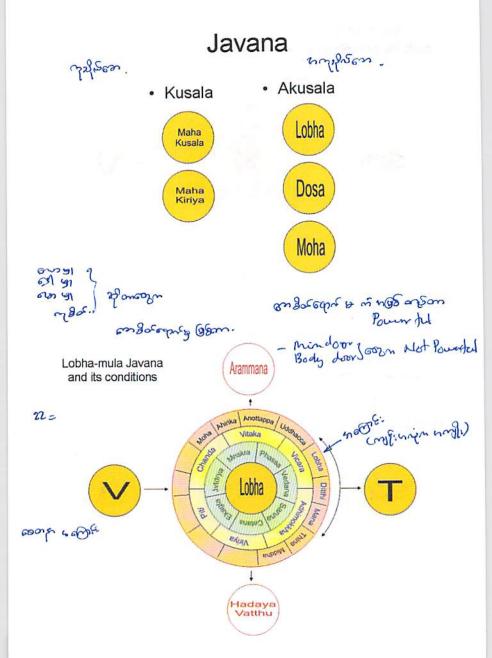


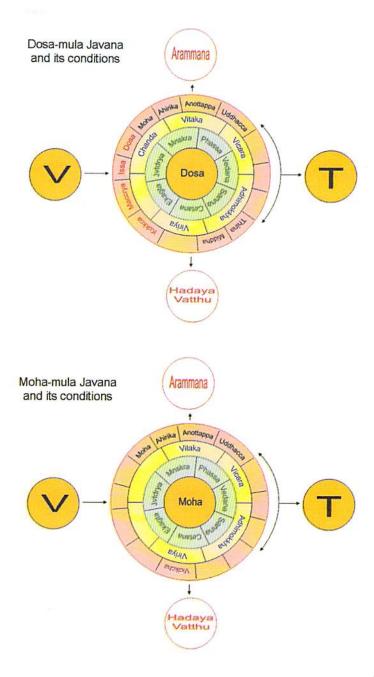


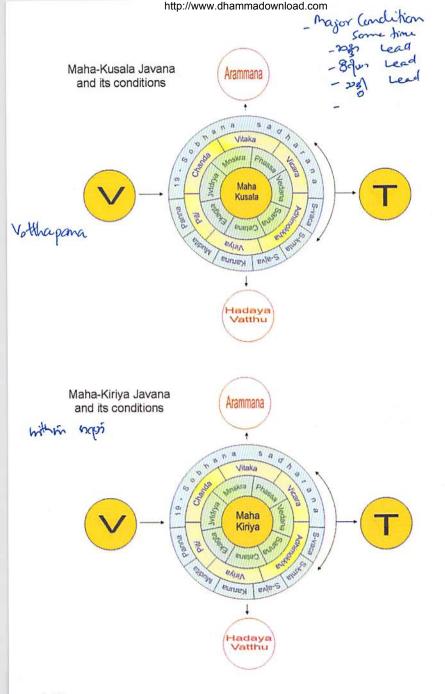


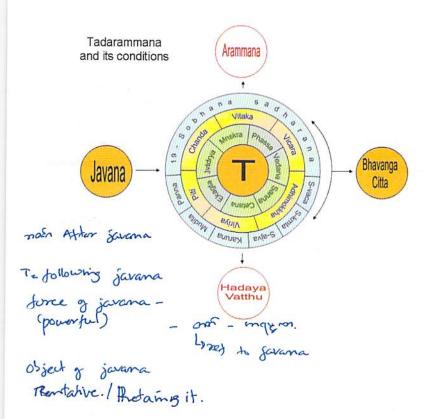






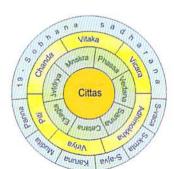






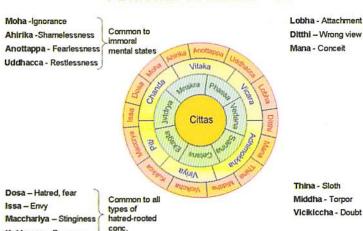
# Sobhana cetasika - 25

- 1 Saddha
- 2. Sati
- 3. Hiri
- 4. Ottapa
- 5. Alobha
- 6. Adosa
- 7. Tatramajjhattata
- 8. Kaya-passaddhi
- 9. Citta-passaddhi



- 10. Kaya-lahuta
- 11. Citta-lahuta
- 12. Kaya-mudita
- 13. Citta-mudita
- 14. Kaya-kammannata
- 15. Citta-kammannata
- 16. Kaya-pagunnata
- 17. Citta-pagunnata
- 18. Kaya-jukata
- 19. Cittu-jukata

# Akusala cetasika - 14



Kukkucca - Remorse